**FAST FACTS**
Data and Statistics about Diabetes

**KEY FACTS**
- Over **30 million children and adults** in the United States have diabetes
- **84.1 million** American adults have prediabetes
- **1.5 million** Americans are diagnosed with diabetes every year
- **Nearly half of American adults** have diabetes or prediabetes

**DIABETES IN THE UNITED STATES**
- **30.3 million** Americans or 9.4% of the population have diabetes; that's **1 in 11 Americans**
- **23.1 million** Americans have diagnosed diabetes
- **7.2 million** Americans have undiagnosed diabetes
- **1.5 million** Americans aged 20 years or older are newly diagnosed with diabetes each year, one **every 21 seconds**
- Age 20 years or older: 9.4% of all people in this age group have diabetes
- **12 million**, or **1 in 4** adults age 65 or older, have diabetes

**DIABETES IN YOUTH**
- About **193,000** Americans younger than 20 years have diabetes (type 1 or type 2) which represents 0.24% of all people in this age group

**PREDIABETES**
- **Nearly 18,000** youth are newly diagnosed with type 1 diabetes annually
- **Over 5,000** youth are newly diagnosed with type 2 diabetes annually

**RACIAL DISPARITIES**
- African Americans and Hispanics are over **50% more likely** to have diabetes than non-Hispanic whites
- **12.1%** of Hispanic/Latino adults in the United States have diagnosed diabetes 12.7% of non-Hispanic black adults in the United States have diagnosed diabetes
- Among Hispanic adults, the age-adjusted rate of diagnosed diabetes was **8.5%** for Central and South Americans, **9.0%** for Cubans, **13.8%** for Mexican Americans, and **12.0%** for Puerto Ricans

**For more information and references, go to diabetes.org**
**DIABETES AS CAUSE OF DEATH**
- Diabetes is the primary cause of death for 79,535 Americans each year
- Diabetes contributes to the death of 252,806 Americans annually (combining death certificates that list diabetes as the primary and a contributing cause of death)

**COST OF DIABETES**
- $327 billion is the total economic burden in 2017 in the U.S. of diagnosed diabetes. This includes $237 billion in direct costs and $90 billion in reduced productivity.
- Individuals with diagnosed diabetes have health care costs **2.3 times higher** than someone without diabetes
- 1 in 7 health care dollars is spent treating diabetes and its complications
- 1 in 5 health care dollars is spent caring for people with diabetes
- The average price of insulin **nearly tripled** between 2002 and 2013

**COMPPLICATIONS OF DIABETES**
- In 2014, about 245,000 emergency room visits for adults aged 18 years or older had hypoglycemia as the first-listed diagnosis and diabetes as another diagnosis
- In 2014, about 207,000 emergency room visits for people of all ages had hyperglycemic crisis as the first-listed diagnosis
- Annually, 50,100 Americans begin treatment for kidney failure due to diabetes
- Hearing loss is **about twice** as common in adults with diabetes as those who do not have diabetes
- More than 60% of nontraumatic lowerlimb amputations occur in people with diabetes
- About 108,000 nontraumatic lower-limb amputations are performed in people with diabetes annually

**OTHER STATISTICS**
- In the United States, approximately 5% of the population with diagnosed diabetes have type 1 diabetes; approximately 90-95% has type 2 diabetes (1-5% have other, rare types)
- Approximately 1.25 million American children and adults have type 1 diabetes
- Among adults with diagnosed diabetes, 17.2% take insulin only, 15.1% take both insulin and oral medication, 50.6% take oral medication only, and 17.1% do not take either insulin or oral medication
- Approximately 7.4 million Americans are treated with insulin
- 85.2% of people with type 2 diabetes are overweight or obese
- Diabetes kills more Americans every year than AIDS and breast cancer combined
- A person with diagnosed diabetes at age 50 dies, on average, six years earlier than a peer without diabetes

For more information and references, go to diabetes.org