Welcome

Wishing you all a great summer ahead! The ERP team is gearing up for travel in June to New Orleans for the 76th Scientific-Sessions and then to San Diego in August to the AADE conference. A highlight of the second conference for us is the ERP reception. You will be receiving an invitation in the near future. If you plan to attend the reception please RSVP for yourself and any other of your DSME team members that will be attending too.

This issue will include information on how long to keep ERP records, quick tips on deciding the reporting period and other resources. Feel free to always email us (erp@diabetes.org) or call (1-888-232-0822) with any recognition questions. Regular updates can be found at www.diabetes.org/erp.

Diabetes Education

Q: How long should I keep records for ERP Recognition and what records should I keep?

A: Records should be maintained from the reporting period on the program’s most recent application until the program begins another four year recognition cycle. A five year record purge cycle would ensure your program maintains adequate documentation in case of an on-site audit. The following records should be kept:

- Program coordinator’s job description and CV
- Program coordinator and educator credentials, CDR card for RDs
- CEU certificates for professional instructors that are not CDEs or BC-ADMs
- Paraprofessional staff proof of annual training and competency
- From the reporting period on last application: 5 de-identified patient charts per multi-site that represent the various patient population/s served and each chart is a complete initial comprehensive education cycle
• Annual advisory group activity to include date, activity, participants, quality DSME program input gathered from the activity
• Annual program review to include review of program outcomes
• Proof of annual curriculum review or revision
• Annual population served and program review
• Quality improvement project/s

**Recognition Tips**

These simple rules assist with deciding Reporting period on applications:

**Original application:**

• Program coordinator can decide a period anywhere between 1-6 months
• End of reporting period cannot be more than 3 months from the date application is submitted
• End of reporting period cannot be after application has been submitted
• All questions on the application (unless stated for 12 months) need to be answered for the reporting period chosen

**Renewal and Multi-site Application:**

• Program coordinator can decide a period anywhere between 1-12 months
• End of reporting period cannot be more than 3 months from the date application is submitted
• End of reporting period cannot be after application has been submitted
• All questions on the application (unless stated for 12 months) need to be answered for the reporting period chosen

**Annual status report:**

• Must be 12 months of data and is based on the program’s recognition cycle month
• Programs are able to use a 12 month data collection period that is within 3 months of the programs anniversary month
• All standard criteria attested to on the Annual Status Report must be in place and current

**Expansion site application:**

• No reporting period required

**Other Resources**

Food is frequently at the forefront when it comes to managing diabetes, but as you know, it's important that people understand that high-calorie beverages can also affect weight and blood glucose. Water is
one of the healthiest and easiest choices you and your patients can make. But sometimes people get bored with plain water. Here's a free tip sheet with some easy, low- and no-calorie ways to make your water more exciting and more enjoyable—including drinking sparkling water or adding fresh fruit and herbs. The tip sheet was made possible by the support of SodaStream USA, Inc., an American Diabetes Association National Sponsor. SodaStream helps you make water exciting.

Managing Diabetes and Hyperglycemia in the Hospital Setting
Dr. Boris Draznin, MD, PhD

As the number of patients with diabetes increases annually, the number of patients with diabetes who are admitted to the hospital also increases. Because many clinical outcomes are influenced by the degree of glycemic control, knowledge of best practices in inpatient diabetes management is extremely important. Managing Diabetes and Hyperglycemia in the Hospital Setting focuses on the treatment of diabetes and hyperglycemia in these situations, providing an invaluable resource for the audience of hospitalists, endocrinologists, nurses and other team members who take care of hospitalized patients with diabetes and hyperglycemia.

Item # 5454-01
Original Price: $49.95
ERP Member Price: $29.97
Clinical Care of the Diabetic Foot, 3rd Edition
David G. Armstrong, DPM, MD, PhD, and Lawrence A. Lavery, DPM, MPH

Written and revised by recognized leaders in the field of diabetic foot care, *Clinical Care of the Diabetic Foot* is the essential handbook for all clinicians, health care providers, and educators who help diabetes patients avoid this devastating complication. Completely revised and updated, the third edition offers information on screening, healing, and prevention.

Item # 5523-03
Original Price: $39.95
ERP Member Price: $23.97

Intensive Diabetes Management, 6th Edition
Howard Wolpert, MD, ed.

*Intensive Diabetes Management*, 6th edition, has been updated to cover the latest advances in medical research, incorporating new insights into diabetes and how they impact this particular treatment. In addition, the data, guidelines and procedures have been revised to reflect the newest positions of the American Diabetes Association’s
standards of care.

Item # 5406-06
Original Price: $49.95
ERP Member Price: $29.97

Diabetes Meal Planning Made Easy, 5th Edition
Hope S. Warshaw, MMSc, RD, CDE

Diabetes Meal Planning Made Easy takes the guesswork out of planning meals by teaching people with diabetes how to eat healthy, one step at a time. A perennial bestseller from the American Diabetes Association, this book has sold more than 80,000 copies and been the go-to diabetes nutrition guidebook for more than 20 years. The 5th edition has been streamlined, updated and improved to help people with diabetes learn how to adapt family-favorite recipes into healthy dishes; strategize to make healthy eating easier; lose weight and effectively keep it off; and expertly control portion sizes.

Item # 4706-05
Original Price: $16.95
ERP Member Price: $10.17
Chef Ronaldo’s Sabores de Cuba
Ronaldo Linares

Fall in love with the bright, bold flavors of Cuban cooking! In addition to the classic and nuevo Cubano recipes in this book, you’ll find a glossary of ingredients, a list of kitchen essentials and tips to help you stock your pantry, use farmers’ markets to your advantage and make gluten-free recipe substitutions.

Item # 6312-01
Original Price: $18.95
ERP Member Price: $11.37
http://shopdiabetes.org/1902-Chef-Ronaldos-Sabores-de-Cuba.aspx

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**Spotlight**

In this issue we would like to shine the spotlight on Sky Lakes Medical Center’s Diabetes Self-Management Education Program in Klamath Falls, OR who have used the ADA logo in a creative way to make a unique certificate of completion for their patients as they graduate their DSME program! Thank you Tonia Henderson; De Anna Dahlem RD, CDE; Jamie Fitch RD, LD; Jennifer Lehman; Lisa Lucero PT and Heather Mitchell RN for all that you do for people with diabetes!

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Providing free patient education resources and materials to American Diabetes Association recognized program educators: