American Diabetes Association Receives Five-Year, CDC Cooperative Agreement to Establish a Multi-state Network of Sites to Address Prediabetes

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ADA will launch new National Diabetes Prevention Program in 2018 with five delivery sites focused on serving Hispanics and older adults with prediabetes in Arizona, California and Texas

The Centers for Disease Control and Prevention (CDC) has awarded the American Diabetes Association (ADA) a five-year, cooperative agreement to support the expansion of the National Diabetes Prevention Program (National DPP) to underserved areas in the U.S. In the first year of the award, the ADA will lead program expansion at five sites in Arizona, California and Texas. The ADA's multi-state network will be available to anyone with prediabetes, however sites will focus on serving Hispanic and older adults with prediabetes who live in communities with high rates of type 2 diabetes and have limited or no access to existing National DPP providers. The ADA's multi-state network will seek to reach 1,000 individuals in the first year across all five sites.

The ADA will deliver the National DPP through its Education Recognition Programs and Federally Qualified Health Centers in the following counties and states: Santa Cruz county in Arizona; Imperial county in California; and Willacy, Starr, Nueces and Hidalgo counties in Texas. By integrating trained community health workers, or “promotores de salud,” to provide health information and recruit eligible participants in under-served populations, the ADA will provide individuals with the support to complete the National DPP and maintain behavioral changes that can help achieve long-term success.

“We appreciate the CDC’s recognition and support of our National DPP program through this exceptional award,” said the ADA’s Chief Scientific, Medical & Mission Officer William T. Cefalu, MD. “With this grant, we will be able to provide the successful, evidence-based diabetes prevention program to thousands of people who are most at-risk of developing type 2 diabetes. The focus on prevention, and the unique partnership with the CDC, is clearly aligned with our mission and strategic plan. Implementing this incredible program will have a significant impact on delaying or preventing the onset of type 2 diabetes and will improve quality of life for many. Overall, it is anticipated these efforts will reduce overall health care costs in these communities and Nationwide.”

The National DPP, led by CDC, is a partnership of public and private organizations tackling the growing problem of type 2 diabetes and prediabetes through the evidence-based, structured lifestyle change program that reduces the risk and delays the onset of type 2 diabetes, which improves overall public health. CDC has recognized nearly 1,500 such programs in communities across the United States. For more information about the National DPP, click here. For this new cooperative agreement, CDC defines underserved areas as counties or groups of contiguous counties that currently do not have any CDC-recognized National DPP organizations despite having a population of 10,000 or more people.

About the American Diabetes Association

Nearly half of American adults have diabetes or prediabetes; more than 30 million adults and children have diabetes; and every 21 seconds, another individual is diagnosed with diabetes in the U.S. Founded in 1940, the American Diabetes Association (ADA) is the nation's leading voluntary health organization whose mission is to prevent and cure diabetes, and to improve the lives of all people affected by diabetes. The ADA drives discovery by funding research to treat, manage and prevent all types of diabetes, as well as to search for cures; raises voice to the urgency of the diabetes epidemic; and works to safeguard policies and programs that protect people with diabetes. In addition, the ADA supports people living with diabetes, those at risk of developing diabetes, and the health care professionals who serve them through information and programs that can improve health outcomes and quality of life. For more information, please call the ADA at 1-800-