FAST FACTS
Data and Statistics about Diabetes

KEY FACTS
• Over 30 million children and adults in the United States have diabetes
• 84.1 million American adults have prediabetes
• 1.5 million Americans are diagnosed with diabetes every year
• Nearly half of American adults have diabetes or prediabetes

Diabetes in the United States
• 30.3 million Americans or 9.4% of the population have diabetes; that's 1 in 11 Americans
• 23.1 million Americans have diagnosed diabetes
• 7.2 million Americans have undiagnosed diabetes
• 1.5 million Americans aged 20 years or older are newly diagnosed with diabetes each year, one every 21 seconds
• Age 20 years or older: 9.4% of all people in this age group have diabetes
• 12 million, or 1 in 4 adults age 65 or older, have diabetes

Diabetes in Youth
• About 193,000 Americans younger than 20 years have diabetes (type 1 or type 2) which represents 0.24% of all people in this age group
• Nearly 18,000 youth are newly diagnosed with type 1 diabetes annually

Prediabetes
• 1 in 3 U.S. adults aged 20 years or older has prediabetes
• 84.1 million Americans aged 20 years or older have prediabetes, and 90% of them don’t know they have it

Racial Disparities
• African Americans and Hispanics are over 50% more likely to have diabetes than non-Hispanic whites
• 12.1% of Hispanic/Latino adults in the United States have diagnosed diabetes
• 12.7% of non-Hispanic black adults in the United States have diagnosed diabetes
• Among Hispanic adults, the age-adjusted rate of diagnosed diabetes was 8.5% for Central and South Americans, 9.0% for Cubans, 13.8% for Mexican Americans, and 12.0% for Puerto Ricans
• Among Asian American adults, the age adjusted rate of diagnosed diabetes was 4.3% for Chinese, 8.9% for Filipinos, 11.2% for Asian Indians, and 8.5% for other Asians
• Among American Indian and Alaska Native adults, the age-adjusted rate of diagnosed diabetes varies by region from 6% among Alaska Natives to 22.2% among American Indians in certain areas of the Southwest

• Over 5,000 youth are newly diagnosed with type 2 diabetes annually

For more information and references, visit professional.diabetes.org/facts
Diabetes as Cause of Death

- Diabetes is the primary cause of death for 79,535 Americans each year.
- Diabetes contributes to the death of 252,806 Americans annually (combining death certificates that list diabetes as the primary and a contributing cause of death).

Cost of Diabetes

- $245 billion, the total economic burden in 2012 in the U.S. of the cost of diagnosed diabetes, including $176 billion in direct costs and $69 billion in indirect costs (disability, work loss, premature mortality).
- $322 billion, the total economic burden in 2012 in the U.S. of the cost of diagnosed diabetes, undiagnosed diabetes, prediabetes, and gestational diabetes.
- Individuals with diagnosed diabetes have health care costs 2.3 times higher than someone without diabetes.
- 1 in 10 health care dollars is spent treating diabetes and its complications.
- 1 in 5 health care dollars is spent caring for people with diabetes.
- The average price of insulin nearly tripled between 2002 and 2013.

Complications of Diabetes

- In 2014, about 245,000 emergency room visits for adults aged 18 years or older had hypoglycemia as the first-listed diagnosis and diabetes as another diagnosis.
- In 2014, about 207,000 emergency room visits for people of all ages had hyperglycemic crisis as the first-listed diagnosis.
- Annually, 50,100 Americans begin treatment for kidney failure due to diabetes.
- Hearing loss is about twice as common in adults with diabetes as those who do not have diabetes.
- More than 60% of nontraumatic lower-limb amputations occur in people with diabetes.
- About 108,000 nontraumatic lower-limb amputations are performed in people with diabetes annually.

Other Statistics

- In the United States, approximately 5% of the population with diagnosed diabetes have type 1 diabetes; approximately 90-95% has type 2 diabetes (1-5% have other, rare types).
- Approximately 1.25 million American children and adults have type 1 diabetes.
- Among adults with diagnosed diabetes, 17.2% take insulin only, 15.1% take both insulin and oral medication, 50.6% take oral medication only, and 17.1% do not take either insulin or oral medication.
- Approximately 7.4 million Americans are treated with insulin.
- 85.2% of people with type 2 diabetes are overweight or obese.
- Diabetes kills more Americans every year than AIDS and breast cancer combined.
- A person with diagnosed diabetes at age 50 dies, on average, six years earlier than a peer without diabetes.