Initial Comprehensive DSMES Cycle—Standard 5

A. Referral if required by participant’s insurance

B. Comprehensive Assessment of participant

C. Development of education plan

D. Education Intervention

E. Education Learning Outcomes

F. Behavioral goal/s set

G. Behavioral goal/s follow up

H. Measurement of participant outcomes

I. Completed DSMES communicated with referring provider

Following the assessment each element is completed with participant, in no particular order.