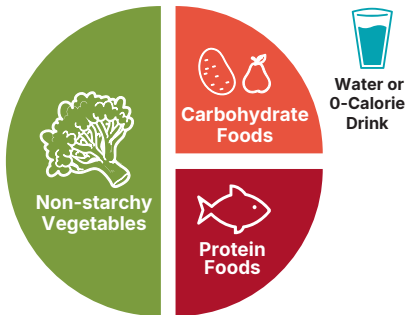


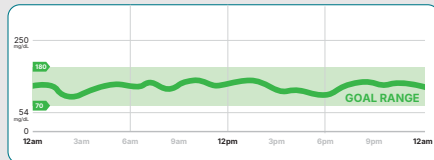
Every Bite Tells a Story

The Diabetes Plate:

A Simple Way to Build Balanced Meals



To Stay in Target Range



Your CGM shows how food affects glucose. Use what you learn to spot patterns, make small changes, and stay in range.

My target range

mg/dL

My target time in range

%

