

Understanding Once-Weekly Insulin

Once-weekly insulin is an ultra-long-acting insulin that works in the “background” to help manage your blood glucose (blood sugar) throughout the day and night.

Once-weekly insulin may fit your treatment plan if you:



Would prefer fewer injections (one per week instead of seven or more with other long-acting insulins)



Sometimes miss daily insulin doses



Have difficulty following a daily dosing routine because of a busy or unpredictable schedule



Would prefer to carry fewer injection supplies when traveling

What to Discuss with Your Healthcare Team

**Your healthcare team can answer your questions about once-weekly insulin.
You can start by checking off the questions that you'd like answered.**



How would once-weekly insulin fit into my treatment plan?



What dose will I start with, and how will we know if it needs to be adjusted?



How would changes to my eating plan, physical activity, or illness affect the dosing?



How is once-weekly insulin injected, and how does this differ from how I take my current diabetes medications?



What side effects could I experience? Could this insulin interact with any of my other medications?



Would I need to change how often I check my blood glucose?



What would I need to do if I miss a dose?



How likely am I to experience low blood glucose?



Is this medication covered by my insurance, or are there patient assistance programs available?



How would I store this insulin at home and while traveling?