American Diabetes Association®

2451 Crystal Drive, Suite 900
Arlington, VA 22202
1-800-DIABETES (800-342-2383)

Richard R. Rubin Award

Award Profile:

The Richard R. Rubin Award Lecture, formerly the Behavioral Medicine & Psychology Interest Group Lectureship for Distinguished Contributions, is given in memory of Richard R. Rubin, PhD, CDE. Dr. Rubin was a long-time Association volunteer, who served as President, Health Care and Education, and Chair of the Behavioral Medicine & Psychology Interest Group, and received numerous professional and service awards. The Richard R. Rubin Award recognizes a behavioral researcher who has made outstanding and/or innovative contributions in the study and understanding of the behavioral aspects of diabetes.

Criteria for Selection:

- Nominee is a behavioral researcher who has made outstanding and/or innovative contributions in the study and understanding of behavioral aspects of diabetes.
- Nominee will be recognized for national and/or international contributions to the field of behavioral medicine in diabetes.
- No specific degree requirements, but a clinical/research focus in behavioral health is strongly preferred.
- Both U.S. and non-U.S. residents are eligible for Award.
- Nominee must be an active professional member of the American Diabetes Association. Contributions as an American Diabetes Association volunteer and to the broader diabetes community may also be taken into consideration.

Lecture/Publication of Lecture:

- Recipient will deliver the Richard R. Rubin Award Lecture at the 87th Scientific Sessions (June 18 to 21, 2026) in Washington, D.C. at the Walter E. Washington Convention Center.
- Recipient will be offered the opportunity to publish lecture in an American Diabetes Association scientific journal.

Honorarium/Travel/Registration:

- The recipient receives a $1,000 honorarium.
- Award includes reimbursable travel up to $500 and one complimentary registration to the 87th Scientific Sessions (June 18 to 21, 2026) in Washington, D.C. at the Walter E. Washington Convention Center.

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Nomination/Submission Process:

- 2027 nominations must be submitted at the electronic nomination form at http://my.diabetes.org/awardapplications. In order to submit a nomination, you must log into your DiabetesPro account with an email username and password.
- You must upload all award components as one .pdf document in the electronic nomination form. Submissions must be received on or before 8:00 p.m. ET on **September 18, 2026**.
- Nominations are accepted from any professional member of the American Diabetes Association.
- Nominations from the membership of the ADA Interest Group on Behavioral Medicine & Psychology are encouraged and will be solicited.

All Richard R. Rubin Award nominations must submit the following documents:

- Letter of nomination (no more than 400 words), signed by no more than 3 individuals, will be accepted. Letter of nomination should address criteria for selection.
- Nominee's biography
- Nominee's CV with career and publication highlights, as well as documentation of teaching and mentorship.

Selection:

- The recipient is chosen by a selection committee comprised of the Behavioral Medicine & Psychology Interest Group Leadership Team. The selection committee will review all nominations and select the recipient on the basis of outstanding achievement or innovative contributions that have led to advances in the study and understanding of behavioral aspects of living with diabetes and its prevention and treatment.
- The selection process is reviewed and supported by the National Medicine, Science and Health Care Awards Committee. The nominee is approved by the Executive Committee of the American Diabetes Association.
- Behavioral Medicine & Psychology Interest Group Leadership Team members as well as members of the ADA's Science, Medicine, and Health Care Awards Committee are not eligible during their term of service. The list of current Interest Group Leadership Team members can be found at professional.diabetes.org/InterestGroups.
- Nominees may not be current ADA national officers (ADA President of Medicine & Science and President of Health Care & Education) or have held one of these national officer position within the past three years.

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Questions? Please send an email to interestgroups@diabetes.org.

Previous Winners of the Richard R. Rubin Award:

2026 – Korey Hood, PhD
2025 – Edwin B. Fisher, PhD
2024 – Paula M. Trief, PhD
2023 – Deborah Young-Hyman, PhD, FTOS, FSBM, CDCES
2022 – Alan M. Delamater, PhD, ABPP
2021 – David G. Marrero, PhD
2020 – Randi Streisand, PhD
2019 – Frank J. Snoek, PhD
2018 – Tim Wysocki, PhD, ABPP
2017 – Michael A. Harris, PhD
2016 – Elizabeth Arquin Walker, PhD, RN
2015 – Robert M. Anderson, EdD
2014 – William H. Polonsky, PhD, CDE
2013 – Margaret Grey, DrPH, RN, FAAN
2012 – Lawrence Fisher, PhD, ABPP
2011 – Barbara J. Anderson, PhD
2010 – Richard R. Rubin, PhD, CDE
2009– Patrick Lustman, PhD
2008 – Rena Wing, PhD
2007 – Suzanne B. Johnson, PhD
2006 – Russell Glasgow, PhD
2005 – Daniel Cox, PhD