





Understanding Type 1 Diabetes in Adults

You can develop type 1 diabetes at any age.



SYMPTOMS OF TYPE 1 DIABETES



Urinating often



Feeling very thirsty



Feeling very hungry-even though you are eating



Extreme fatigue



Blurry vision



Cuts/bruises that are slow to heal



Weight losseven though you are eating more

Talk with your doctor about your risk for type 1 diabetes and if you should be tested.

Learning you have type 1 diabetes early lets you take steps early to stay healthy.

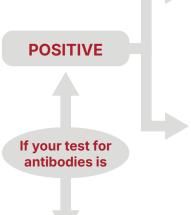
YOUR TYPE 1 DIABETES RISK

Your doctor may screen for type 1 diabetes if you:

- show symptoms
- have a family history of type 1 diabetes
- have other autoimmune diseases
- are not able to manage your diabetes without insulin
- develop diabetes at age <35</p>

Your doctor can screen for type 1 diabetes through:

- Antibody testing
- Blood glucose testing



Your risk of developing type 1 diabetes

Expect to receive education about:

- Diabetes symptoms
- Preventing diabetic ketoacidosis (DKA), a serious complication of high blood glucose that can be life-threatening.

Additional testing may be done to determine the course of treatment based on your risk for or stage of type 1 diabetes.

A positive antibody does not mean an immediate diagnosis of type 1 diabetes. New treatments and clinical trials can possibly delay the onset of type 1 diabetes.

Talk with your doctor about your test **NEGATIVE** results and next steps for your care.



Talk with your doctor to determine if you are high risk for type 1 diabetes.

Learn more at diabetes.org | 1-800-DIABETES (800-342-2383)