



Learn more about
type 1 diabetes at
diabetes.org/type1

Understanding Risk for Type 1 Diabetes in Children

Your child can develop
type 1 diabetes at any age.



COMMON SYMPTOMS OF TYPE 1 DIABETES



Urinating
often or bed
wetting



Feeling
very thirsty



Feeling very
hungry—even
though they are
eating



Extreme
fatigue



Blurry
vision



Fungal infections
(oral thrush,
diaper rash,
urinary tract
infection)



Weight loss—
even though
they are eating
more

These symptoms overlap with other health conditions.
Talk with your doctor if your child is experiencing these.

Your Child's Type 1 Diabetes Risk

If your child has a family history of type 1 diabetes and/or is experiencing symptoms for several days to a few weeks, their doctor can screen by testing blood for:

- antibodies
- blood glucose levels

Based on the results, your child's doctor may need to repeat or order more testing.



**Know that there are new treatments for early type 1 diabetes
that may delay the need for insulin use.**