





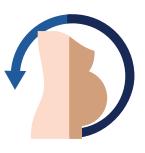
Gestational Diabetes (GDM) Screening Guidelines

GDM is diabetes diagnosed in the second or third trimester when an individual did not have diabetes before the pregnancy.



Screen for GDM at **24 to 28** weeks in people without diabetes prior to pregnancy.*

*Screen before 15 weeks gestation if not screened for diabetes before pregnancy. This may be limited to those with risk factors only or can be universal in high-risk populations



Screen people with GDM during pregnancy **4 to 12 weeks** postpartum for prediabetes or type 2 diabetes.



People with a history of GDM should have lifelong screening for prediabetes or type 2 diabetes **every 1 to 3 years**.

infographic is based on recommendations the ADA's Standards of Care in Diabetes—202: