

Addressing Disparities in Gestational Diabetes

Gestational diabetes (GDM) disproportionately affects communities of color, making early screening crucial for pregnant women at higher risk.



Early screening between 24–28 weeks can significantly improve maternal health outcomes for both mom and baby. Learn more about the importance of early screening and the latest guidelines to stay informed.



Enhance Your GDM Knowledge with ADA Resources

The American Diabetes Association® (ADA) offers a library of tools and resources to support health care professionals increase their knowledge of GDM, screening recommendations, and treatment and management guidelines.

- Infographics
- CE Courses
- Webinars
- And more!

Visit professional.diabetes.org/WomensHealth to explore resources.

