



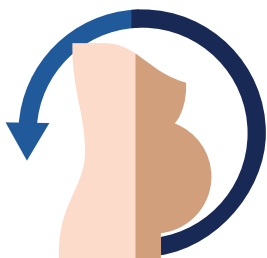
# Gestational Diabetes (GDM) Screening Guidelines

**GDM is diabetes diagnosed in the second or third trimester in those who do not have diabetes before the pregnancy.**



People who do not have diabetes prior to pregnancy should be screened for GDM at **24 to 28 weeks**.

\*Before 15 weeks gestation, test to rule out prediabetes and type 2 diabetes if not screened for diabetes prior to pregnancy. This may be limited to individuals with risk factors only or be universal in high-risk populations.



People with GDM should be screened for prediabetes or type 2 diabetes at **4 to 12 weeks postpartum**.



People with a history of GDM should have lifelong screening and be screened for prediabetes or type 2 diabetes **every 1 to 3 years**.