

# Insulin Intensification in Type 2 Diabetes

## Titrate Basal Insulin to Patient Specific Target

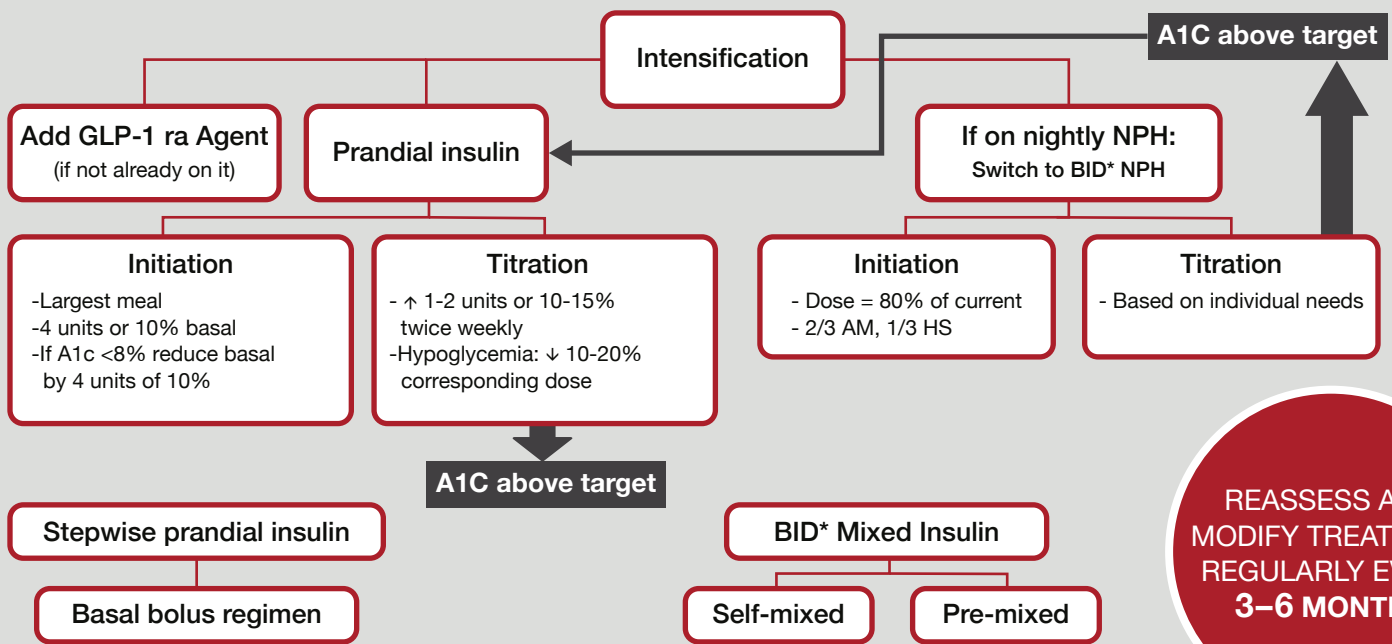


Self titration basal analog or night time Neutral Protamine Hagedorn (NPH) insulin

Set target fasting blood glucose  
 Provide titration parameters: e.g. +/- 2 units every 3 days if above/below target  
 Watch for hypoglycemia: Identify cause and adjust insulin accordingly



## If A1C Remains Above Target, Intensify Prandial Therapy

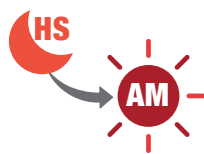


## Avoid Excess Basal Doses (Overbasalization)

### Signs of overbasalization



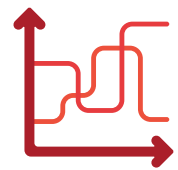
Basal dose  
 >0.5 units/kg



Increase a.m., p.m., or pre/post  
 meal differential



Hypoglycemia



Increase variability

\*BID: twice daily

Always use clinical judgment when caring for people with diabetes.