Gestational Diabetes (GDM) Screening Guidelines

GDM is diabetes diagnosed in the second or third trimester of pregnancy when a woman did not have diabetes before the pregnancy.

Screen for GDM at **24-28 weeks** in women without diabetes prior to pregnancy.*

*Before 15 weeks gestation, test women with risk factors to rule out prediabetes and type 2 diabetes if not screened for diabetes prior to pregnancy.

Screen women with GDM **4-12 weeks** postpartum for prediabetes or type 2 diabetes.

Women with a history of GDM should have lifelong screening for prediabetes or type 2 diabetes **every 1-3 years**.