





The Different Ways to Inject Insulin

Insulin pens are preferred over insulin syringes for insulin delivery.







Talk to your health care professional about insulin pens or injection aids if you have difficulty using your hands or have problems with your vision.

Use Bluetooth-connected insulin pens to help you keep track of insulin doses.



Dose calculators and decision support systems can help you adjust insulin doses.



Learn more at diabetes.org | 1-800-DIABETES (1-800-342-2383)

Supported in part by Time in Range™-a diabetes technology initiative of the American Diabetes Association[®] (ADA)