Gestational Diabetes (GDM) Screening Guidelines

GDM is diabetes diagnosed in the second or third trimester when an individual did not have diabetes before the pregnancy.

Screen for GDM at **24 to 28 weeks** in people without diabetes prior to pregnancy.*

*Before 15 weeks gestation, test people with risk factors to rule out prediabetes and type 2 diabetes if not screened for diabetes prior to pregnancy.

Screen people with GDM during pregnancy **4 to 12 weeks** postpartum for prediabetes or type 2 diabetes.

People with a history of GDM should have lifelong screening for prediabetes or type 2 diabetes **every 1 to 3 years**.