Prevent and Slow the Progression of Diabetic Retinopathy

Optimize Glucose Control
Optimize Blood Pressure Control
Optimize Lipid Control

When and How-to Screen and Follow-Up

**How**
- Dilated Comprehensive Exam
- Retinal Photography *

**When**
- **TYPE 1 DIABETES**
  - within 5 years from the onset of diabetes
- **TYPE 2 DIABETES**
  - at the time of diagnosis

**Follow-Up Eye Exams**
- Any level of retinopathy
  - AT LEAST ANNUALLY
- If retinopathy progressing or sight threatening
  - MORE FREQUENTLY

Learn more at diabetes.org | 1-800-DIABETES (1-800-342-2383)
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