



American Diabetes Association®

Education Recognition Program

Summer 2018

Welcome

This issue will include: information on Standard 9, suggested “Other Participant Outcomes” for DSMES services serving people with GDM, the ADA ERP platforms DPP Express and Chronicle Diabetes, and a wealth of other resources. As always, feel free to contact the ERP team at erp@diabetes.org or call 1-888-232-0822 with any recognition or platform questions. Regular updates can be found at diabetes.org/erp.

The ERP team would be delighted to see you at our reception help in your honor at the AADE meeting in August in Baltimore, MD. You will receive an invitation to the reception shortly. There will be special, technology-focused door prizes at the event this year!

Education Recognition Program DSMES Recognition Symposium – Greenville, South Carolina

When: Saturday, July 14, 2018

Where: Greenville Memorial Hospital, Robert A. Coleman Medical Staff Auditorium, 701 Grove Rd, Greenville, SC 29605

Time: 8:15 a.m. to 5:00 p.m. ET

Registration/Check-In: 7:30 a.m. - 8:15 a.m. ET

Fee: \$150 registration fee

Learn More at professional.diabetes.org/erpssc.

Diabetes Education

With the revised 2017 DSMES Standards, communication with the referring provider or health care providers outside of the DSMES service has moved to Standard 9. Communication still needs to include the education planned or provided, plus any outcomes at the time of the communication.

Outcomes may include behavioral goal outcomes, other participant outcomes, and education outcomes. If providers have access to the EMR, they do not need to send a separate communication. If a DSMES service receives a Medicare or ERP audit, it is critical to inform the auditors that this is the method of communication. If there are providers who do not have access to the service’s EMR, the method of communication used also needs to be communicated to the auditor. While not required, it may be easier for a service to outline all communication processes and keep this outline with Standard 9 in your Quality Coordinator (QC) binder. A QC binder can be downloaded at: diabetes.org/qcguide.

Recognition Tips

Suggested research for DSMES services that serve participants with GDM:

Study: Reduced diabetes risk tied to lactation in gestational diabetes

A study in the *Journal of Diabetes Investigation* showed that lactation for one to three months after giving birth significantly reduced the risk of type 2 diabetes among women who had previously been diagnosed with gestational diabetes compared with those without lactation. The meta-analysis of 13 cohort studies found no association between long-term lactation beyond three months and diabetes risk.

[Physician's Briefing/HealthyDay News](#)

Chronicle Corner

There have been many updates to Chronicle Diabetes (CD) over the last few months to improve functionality and increase security. Because of these updates, CD is no longer compatible with older browsers. CD now works best with:

- Chrome version 66 and newer
- Microsoft Edge (upgrade of Internet Explorer; IE 11 still works for now)

If you experience issues with the system, we encourage you to update your browser to the latest version. To find out what browser you're using, click the link below:

<https://www.whatismybrowser.com/>

Please cut and paste and email us the URL in the box under "SHARE YOUR SYSTEM INFO WITH TECH SUPPORT" so ADA ERP staff can explore the issue.

Diabetes Prevention Program DPP Express

The ERP launched DPP *Express*, a DPP charting platform, in 2017. The platform generates reports that align with the CDC DPP Recognition requirements. The charting platform makes it easy to navigate, input data, and generate the CDC DPP Recognition CSV reports.



DPP Express

The ADA is committed to ensuring that **DPP Express** continues to align with the revised 2018 CDC DPRP Standards and the Medicare MDPP reimbursement guidelines. The platform is available for a minimal fee to ADA Recognized DSMES services, as well as to DPP providers that are not ADA Recognized DSMES services.

To learn more about **DPP Express** and its capabilities, please submit a [DPP Express Interest Form](#) so an ERP staff member can contact you.

The ERP team also hosts a free, monthly **DPP Express** webinar. Please visit our [ERP Q/A Call Schedule](#) to learn more and to register.

Books and other resources:

Foot Care

Proper foot care is extremely important for people with diabetes. Diabetes can cause skin changes that result in feet, heels, and hands that easily dry out, crack, and split open. Open wounds can lead to ulcers and even amputation if left untreated.

[Foot Care Tips for People with Diabetes](#) (pdf attached), is a helpful guide for proper foot care; print out copies to share with your patients as a complimentary benefit to keep them informed and keep their feet healthy.



SkinIntegra is a supporter of ADA. SkinIntegra Rapid Crack Repair Cream is an ideal topical treatment that helps heal even severely dry, painfully cracked skin. SkinIntegra's custom formula can help repair cracked skin starting after just one day of use.

Diabetes Forecast

[Diabetes Forecast](#) magazine provides a wealth of knowledge for people living with diabetes, their loved ones, and caregivers. And all of that information is available online at diabetesforecast.org. The site is packed with recipes that meet American Diabetes Association nutrition guidelines, profiles of people with diabetes, and dozens of others articles—those that explain basic diabetes concepts, some that dive deeper into diabetes science, and others that offer tips for living well with diabetes. All content has been reviewed by a team of health care providers.

[Diabetesforecast.org](http://diabetesforecast.org) is also home to the magazine's annual [Consumer Guide](#), the only product guide of its kind. People with diabetes, caregivers, and health care providers return to the Consumer Guide again and again for easy-to-follow, comprehensive listings of diabetes devices on the market today, from meters and continuous glucose monitors to insulin pumps, diabetes meds, and sources of fast-acting glucose.

One notable aspect of diabetesforecast.org: Each article is accessible for the visually impaired. Just look for the speaker icon and "Listen to Text" at the top of each article. By selecting that option, a vision-impaired person with diabetes can hear an article read aloud, making *Diabetes Forecast* accessible to all.

Diabetes Food Hub: Let's Get Cooking!

Diabetes Food Hub is the new digital cooking and recipe destination created by the American Diabetes Association® for people living with diabetes, their families, and caregivers. More than a collection of delicious recipes approved by ADA's nutrition experts, Diabetes Food Hub provides solutions to daily meal planning challenges. Save time during your busy week using the innovative Meal Planner, editable Grocery List, and Healthy Tips from ADA's dietitians. Try it out and share with your patients. Find recipes and more for healthy living at diabetesfoodhub.org.



The Complete Month of Meals Collection

American Diabetes Association

Back in its beloved classic format, the *Complete Month of Meals Collection* is the ultimate cookbook and nutrition guide for people with diabetes, containing hundreds of recipes and meal planning tips from the American Diabetes Association's bestselling series of *Month of Meals* meal planners.

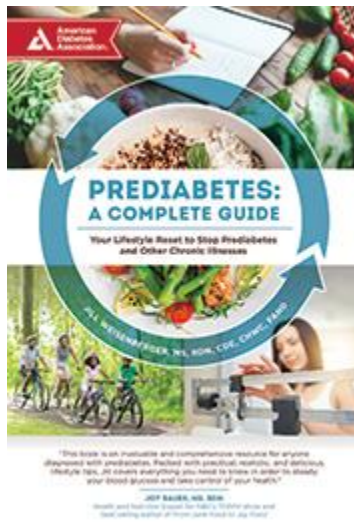
Item # 6316-01

Original Price \$29.95

ERP Member Price: \$17.97

Prediabetes: A Complete Guide

Jill Weisenberger, MS, RDN, CDE, CHWC, FAND

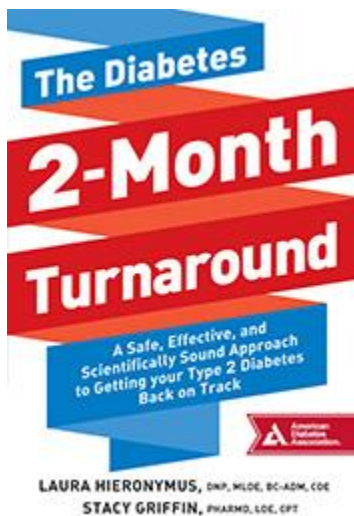


Written by Jill Weisenberger, a registered dietitian nutritionist, certified diabetes educator, certified health and wellness coach, and author of the American Diabetes Association bestselling book, *Diabetes Weight Loss—Week by Week*, this comprehensive guide will lead you through dozens of concrete steps you can take to reduce the risk of developing type 2 diabetes and other lifestyle-related chronic diseases. Taking an individualized approach to your lifestyle reset, *Prediabetes: A Complete Guide* will allow you to choose your own path to wellness and help you gain a greater sense of wellbeing and boost confidence in your abilities to maintain a healthful lifestyle. It can even help you reverse prediabetes, avoid type 2 diabetes and other chronic illnesses, and have you feeling better than you have in years!

Item # 5052-01

Original Price \$16.95

ERP Member Price: \$10.17



The Diabetes 2-Month Turnaround

Laura Hieronymus, DNP, MLDE, BC-ADM, CDE, and Stacy Griffin, PharmD, LDE, CPT

The Diabetes 2-Month Turnaround provides a straightforward, effective 8-week blueprint for identifying diabetes management challenges and making lasting improvements. Each week details specific advice and actionable steps to help with monitoring, problem solving, nutrition, health care appointments, and more. By Week 8, you'll be well on your way to developing positive life-changing habits to get your self-management back on track.

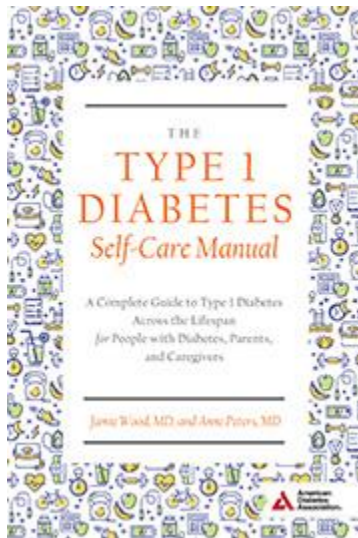
Item # 5038-01

Original Price \$16.95

ERP Member Price: \$10.17

The Type 1 Diabetes Self-Care Manual

Jamie Wood, MD, and Anne Peters, MD



If you have type 1 diabetes or you care for a loved one or friend who does, you face a lifetime of ever-changing challenges. The good news is that this complex disease is manageable. *The Type 1 Diabetes Self-Care Manual* will help guide you through the different phases of life with type 1 diabetes so you can face these challenges with confidence. Written by Drs. Jamie Wood and Anne Peters, two of the leading experts on diabetes clinical care, the *Manual* covers all aspects of type 1 diabetes. Topics include:

- Basics of type 1 diabetes
- Blood glucose goals
- Diabetes care team
- Nutrition and physical activity
- Complications
- Special considerations for different age groups

Item # 5039-01

Original Price \$18.95

ERP Member Price: \$11.37

Spotlight

Creating access is the name of the game at Piedmont Healthcare. Using transformational leadership to create access.

From the desk of: Lisa Jasper, DNP, MBA, RN, FNP-BC, Director of Advanced Practitioners

Within one year, Dr. Jasper has opened 14 Diabetes Self-Management Education (DSMES) Clinics within the primary care practices of Piedmont Physicians Group in Atlanta, GA. These clinics are throughout the rural, intercity, and suburban areas of GA. Advanced Practice Providers (APPs) Nurse Practitioners and Physician Assistants teach classes and manage their individual clinics one day a week. These APPs are called Diabetes Managers, their role is to improve diabetes self-care through personalized health and socio-economic assessments using interactive learning, comprehensive education, culturally competent care, and medication management all by building a patient-provider trust relationship and encouraging accountability.

The American Diabetes Association has recognized all 14 clinics as official DSMES sites. Currently we have 20 APPs that have gone through a rigorous curriculum and have/will obtain their certification as a Certified Diabetes Educator (CDE). Dietitians, Endocrinologists, Pharmacists, and CDEs have trained these APPs to be specialist (in diabetes) within primary care. These APPs have been trained on Motivational Interviewing to change behavior, which is so important to getting patients to their goal.

Monthly, APPs continue to receive education by a WebEx or in-person. Education is a continuous process in which we provide updates on clinical trials, new medications, chart audits for difficult cases, and coding.

“Creating the referral process to be seamless within EPIC and understanding the reimbursement was a process, however I believe we have it” said Dr. Jasper. Most of the commercial payers use the G-codes (G-0108 and G-0109) to simplify coding, however documentation is still the key to full reimbursement. In addition, there are other

group codes APPs can use being a provider.

After patients have completed the class series, they are scheduled for an individual visit with the APP. In this appointment, APPs make sure the participants are following guidelines, they understand the benefits and side effects of their medications, appropriate labs are drawn and a physical assessment is completed. They aggressively manage their patients to HbA1C goal and teach their patients how to get and stay at goal. There is also an opportunity to do some teach back from the classes to assess knowledge. "I feel if you meet patients where they are in life they will do better". Dr. Jasper's ultimate goal is to use this APP model to create multiple access points within the primary care setting to give patients the knowledge and tools to manage their diabetes.



For picture:
Lauren Bolle, NP, CDE doing an individual consultation with a person with diabetes.



For picture:

APP Diabetes Managers: Top—Dr. Lisa Jasper; Lauren Bolle, NP; Pam Tinsley, NP; Christlaen Cady, NP; Abbey Bruno, NP; Kathryn Brady, PA and Cherie Oates-Oyaifo, PA. Bottom—Allison Anderson, PA; Alexandra Porter, PA; Minaz Khetani, NP; and Lauren Allain, NP.

(Not Pictured: Sonya Kobia, NP, Jill Saranthus, NP, Dana Sellers, NP, Kristin Hunter, NP, Ashley Cheek, NP, Chasidy Brooks, NP, Rosina Ellington, NP, Naomi Obialor, NP, Robin Brackett, NP)

Providing free patient education resources and materials to
American Diabetes Association recognized program educators:



[VIEW ONLINE](#)

American Diabetes Association | 2451 Crystal Drive, Suite 900, Arlington, VA 22202 | 1-800-DIABETES

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