Sample Participant DSMES Assessment Data Collection and Review Policy

***This policy can be used by Recognized Diabetes Self-Management Education and Support (DSMES) Services that do not compile all of the DSMES assessment data in one location in the participant record (paper or electronically).***

Purpose:

* To define what data must be reviewed and the data location in the participant’s record to allow for a complete and thorough DSMES assessment.

Procedure:

* An assessment of the DSMES participant is performed to determine the participant concerns and educational needs in the following topics in preparation for the DSMES planning and provision.
* The participant’s DSMES education plan is set based on their concerns and the above assessment.
* If any part of the initial DSMES assessment needs to be deferred to another time this must be documented along with the deferment rationale.
* In the case of a DSMES audit or application all assessment data points must be included as part of the DSMES chart.

|  |  |
| --- | --- |
| **Topic** | **Medical Record Location** |
| Clinical: Health history |  |
| Cognitive: Functional health literacy and numeracy |  |
| Diabetes Distress and Support Systems |  |
| **Assessment of the 9 Topic Areas** | |
| Ability to describe the **Diabetes Disease Process** and treatment options. |  |
| Ability to incorporate **Nutritional** management into lifestyle |  |
| Ability to incorporate **Physical Activity** into lifestyle |  |
| Ability to use **Medications** safely (if applicable) |  |
| Ability to **Monitor** blood glucose and other parameters; interpreting and using results |  |
| Ability to prevent, detect and treat **Acute Complications**. |  |
| Ability to prevent detect and treat **Chronic Complications** |  |
| Ability to develop personalize strategies to address **Psychosocial Issues** and concerns  Examples: Psychosocial and Self Care Behaviors: Emotional Response to Diabetes, Cultural Influences, Health Beliefs, Health Behavior, Lifestyle Practices, Barriers to Learning, Relevant Socioeconomic Factors |  |
| Ability to develop personalize strategies to **Promote Health and Behavioral Change**  Example: goal setting, behavioral change strategies aimed at risk reduction such as preconception care, readiness to change |  |

Note: This policy may be used as is or adapted per an ADA Recognized DSMES service’s needs.

Copyright © 2017 by American Diabetes Association All rights reserved.

This document or any portion thereof may not be reproduced or used in any manner whatsoever without the express written permission of the American Diabetes Association.