

Sample Participant DSMES Assessment Data Collection and Review Policy

This policy can be used by Recognized Diabetes Self-Management Education and Support (DSMES) Services that do not compile all of the DSMES assessment data in one location in the participant record (paper or electronically).

Purpose:

- To define what data must be reviewed and the data location in the participant's record to allow for a complete and thorough DSMES assessment.

Procedure:

- An assessment of the DSMES participant is performed to determine the participant concerns and educational needs in the following topics in preparation for the DSMES planning and provision.
- The participant's DSMES education plan is set based on their concerns and the above assessment.
- If any part of the initial DSMES assessment needs to be deferred to another time this must be documented along with the deferment rationale.
- In the case of a DSMES audit or application all assessment data points must be included as part of the DSMES chart.

Topic	Medical Record Location
Clinical: Health history	
Cognitive: Functional health literacy and numeracy	
Diabetes Distress and Support Systems	
Assessment of the 9 Topic Areas	
Ability to describe the Diabetes Disease Process and treatment options.	
Ability to incorporate Nutritional management into lifestyle	
Ability to incorporate Physical Activity into lifestyle	
Ability to use Medications safely (if applicable)	
Ability to Monitor blood glucose and other parameters; interpreting and using results	
Ability to prevent, detect and treat Acute Complications .	
Ability to prevent detect and treat Chronic Complications	
Ability to develop personalize strategies to address Psychosocial Issues and concerns Examples: Psychosocial and Self Care Behaviors: Emotional Response to Diabetes, Cultural Influences, Health Beliefs, Health Behavior, Lifestyle Practices, Barriers to Learning, Relevant Socioeconomic Factors	
Ability to develop personalize strategies to Promote Health and Behavioral Change Example: goal setting, behavioral change strategies aimed at risk reduction such as preconception care, readiness to change	

Note: This policy may be used as is or adapted per an ADA Recognized DSMES service's needs.

