Standard Continuous Glucose Monitoring (CGM) Report

### Time in Range

#### Goals for Type 1 and Type 2 Diabetes

- **Very High (≥250)**  
  Goal <5%
- **High (≥180)**
- **Target (70–180)**  
  Goal >70%
- **Low (<70)**
- **Very Low (<54)**  
  Goal <1%

#### Glucose Metrics

- **Average Glucose**  
  Goal <154 mg/dL
- **Glucose Management**  
  Goal <7%
  Indicator (GMI)
  Defined as percent coefficient of variation
  Goal ≤36%
- **Glucose Variability**  
  Goal ≤36%
  Defined as percent coefficient of variation

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Learn more at [diabetes.org](http://diabetes.org) | 1-800-DIABETES (1-800-342-2383)

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