Recognition News – Winter 2021



Season's Greetings from the Education Recognition Program (ERP) team!

This winter, we are excited to provide you with updates on the latest Know Diabetes by Heart[™] and Focus on Diabetes^{*} initiatives from the American Diabetes Association^{*} (ADA), as well as information on the upcoming 2022 Clinical Update Course. In this issue you will also find information on ERP updates you can expect in 2022.

We would like to thank each and every one of you for all that you do for people with diabetes.

Happy Holidays from the ERP team!

What's New

ERP—What's New for 2022?

2022 Nationals Standards for Diabetes Self-Management Education & Support (NSDSMES) Revisions

• The 2022 NSDSMES will be released in early 2022. Quality coordinators will be notified as soon as this and all other resources are available on the ERP homepage. At that time, we will be providing a timeline as to when the revised NSDSMES need to be operationalized by your service.

Invoice Requests

• Invoice requests are now submitted through the ERP Portal by the quality coordinator or the assistant coordinator. Once the invoice request form has

been submitted, you will be able to download the invoice immediately. Please download the <u>invoice request instructions</u> to see how easy it is!

Certificate Packets and Recognition Documents for Approved Applications Beginning in January of 2022, all recognition documents associated with passed applications and certificate orders will be made available to the quality coordinator immediately after the application has been passed. These documents include:

- Recognition certificates (if applicable)
- Congratulations letter
- Concerns posters
- Sample newsletter
- Press release sample

Your quality coordinator will receive an email communication after the application has been passed and will then be able to access the recognition documents within the ERP Portal. All historical recognition documents will also be available within the ERP Portal.

Advocacy Corner



Living with diabetes imposes a massive cost on nearly 27 million Americans today.

On November 2 of 2021, the ADA held the first-ever virtual Cost of Care Summit. A diverse group of leading policymakers, people with diabetes, clinicians, advocates, and industry stakeholders gathered to discuss the deep and unparalleled cost of living with diabetes. Costs

range from the price of insulin and other drugs, to the costs borne because of certain insurance practices. And from the costs of hospitalization and outpatient treatment, to the enormous expense of devices and supplies, diabetes places an outsized burden on those afflicted with the disease.

The ADA is committed to supporting policy changes that make thriving with diabetes possible, and invites you to <u>learn more and join us</u> as we lead federal and state level policy efforts across the country.

2022 Clinical Update Course



The ADA is pleased to announce the 2022 Clinical Update Course (#CUC22), previously known as the Advanced Postgraduate Course. The event will be held in person in Tampa, Florida, as well as virtually, from **February 4–6**, 2022.

Learn More

Up to 15.75 continuing education credits will be available to registered attendees. Session content will be available until February 11.

Please see these items ahead of the course:

- Program Schedule
- Meeting & Registration Information



Registration is open for the <u>Focus on</u> <u>Diabetes Hybrid Workshop</u> which will precede the Clinical Update Course on the morning of **Friday, February 4, 2022**. This

interactive meeting will target the entire eye care team and highlight the role they play as part of the larger diabetes care team. Up to 3.5 COPE credits are available for completion of this program.

Visit to learn more and reserve your spot.

Coming Soon!



In January 2022, the ADA will release a new journey-based Foot Care & Amputation content experience. The Foot Care & Amputation section is designed to deliver personalized, actionable footcare content, resources, and tools for people looking to prevent or delay the progression of foot complications. Users will learn to care for their feet, understand foot conditions and complications, how to stay physically active, and more!

Dr. Comfort[®] is the National Sponsor of Living with Diabetes: Foot Care & Amputation.

Know Diabetes by Heart[™] Program Offers Cutting-Edge Resources for Providers, Including Case-based Learning App and Webinars



The American Heart Association and the ADA have partnered as part of the Know Diabetes by Heart[™] initiative, with the Know **Diabetes** by **Heart** goal to reduce cardiovascular death, heart attack, stroke, and heart failure in people living with type 2 diabetes.

The Know Diabetes by Heart[™] initiative provides health care professionals with resources focused on the link between cardiovascular disease (CVD) and type 2 diabetes.

eModule: Meet three patients with type 2 diabetes and discover how to "treat the whole patient" with education, screenings, prescriptions, and a team-based care approach to managing their diabetes and risk for CVD.



- Webinar Series: The Know Diabetes by Heart[™] webinar series discusses cutting-edge topics such as up-to-date standards of care, guidelines, and their implications for type 2 diabetes and CVD—among other topics. The webinar archive includes over 20 webinars that are available for free and on-demand.
- <u>Managing Sterling's Journey</u>: During this poster series, manage a patient's journey and learn how different factors such as medication adherence and lifestyle interventions affect Sterling's glycemic control, CVD risk management, and overall outcomes.
- Know Diabetes by Heart[™] Podcasts: The link between CVD and type 2 diabetes has important implications for your patients. Join us for a podcast series that explores standards of care, other practice guidelines, approaches to shared decision-making, and more.

A1CVD Pro App: Challenge your clinical decision-making skills with the Know Diabetes by Heart[™] professional interactive medical education app. A1CVD Pro will help you improve your clinical management of patients with type 2 diabetes through case-based learning.



Nutrition Education Materials Needs Analysis, Preliminary Survey Results

A big thank you to the ERP quality program coordinators who participated in the nutrition team's survey! You provided valuable feedback that will help us prioritize our focus for 2022 and develop resources that best meet your needs.

We received 416 responses, of which:

- 345 (83.5%) of the respondents were diabetes self-management education and support (DSMES) services program coordinators
- 57 (13.8%) were coordinators of both DSMES services and diabetes prevention programs (DPP)
- 11 (2.6%) were DPP coordinators

What we learned:

- Respondents reported the top three nutrition topics that program participants' ask about are meal planning (83.5%), losing weight (79.4%), and carbohydrate counting (78.9%).
 - Respondents were asked to rank how useful it would be to have additional nutrition education materials on the listed topics. Results were that having materials on meal planning, healthy snacks, and losing weight would be "very useful" and materials on healthy ingredient swaps, healthy eating on a budget, and meal preparation would be "useful."
- Specific meal pattern resources that respondents were most interested in having resources for include Mediterranean (74%), low carbohydrate (73%), and kidney disease (65%).
- Respondents expressed a desire for materials that are low literacy, colorful, picturesque, and easy to follow.

Look for further updates as we develop nutrition resources for you and your participants!

- The ADA Nutrition Team

ADA Publications



Life with Diabetes

Life with Diabetes, the best-selling and most reliable diabetes education curriculum in the U.S., has been updated and improved! This newly revised version is the complete curriculum you need to deliver high-quality diabetes self-management education and provide your patients with the support, information, and tools they need to live well with diabetes. Key patient education topics include:

- Managing blood glucose
- Healthy coping
- Meal planning
- Physical activity
- Medications
- Complications

This edition provides a structured, patient-centered approach to help diabetes professionals create customized, current lessons in all areas of diabetes management. This fully updated edition features removable, hole-punched pages to facilitate creation of individualized plans and outlines. The curriculum includes:

- Teaching outlines that cover the full range of diabetes topics
- Teaching visuals

- Patient handouts
- Participant assessment, education records, and follow up forms
- Curriculum review guide
- Content updated to meet the national standards for diabetes
- Self-management education and support

You can receive your **40% ERP** discount at checkout at the Shop Diabetes store. Visit <u>shopdiabetes.org/account/register</u> or call **1-800-232-6733**, Monday–Friday between 8:00 a.m. and 5:00 p.m. ET to speak with a customer service representative.

The Consumer Guide—New!

Consider the ADA Consumer Guide your comprehensive guide to diabetes products. From insulin pens and continuous glucose monitors to insulin pumps and medications and so much more. This guide allows you to easily compare across various brands of diabetes products so you can decide what works best for you and your lifestyle.



If your patients or someone you know is struggling to pay for insulin, the ADA has resources to help. Visit InsulinHelp.org.

There's nothing we can't do when we're Connected for Life.





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