

# Education for Life.



Education  
Recognition  
Program

Greetings from the Education Recognition Program team!

We did it! The Education Recognition Program (ERP) team is ecstatic to announce a few major releases that many of our services have been waiting for:

- ERP Networking Community
- Chronicle Diabetes High Level report and Benchmark report
- Assistant Coordinator Function

In this issue, you will also find information on the upcoming 81<sup>st</sup> Scientific Sessions as well as the latest publications and initiatives from the American Diabetes Association® (ADA).

## What's New

### ERP Networking Community

The ERP team regularly gets requests from ADA-recognized services asking how they can network with staff from other recognized services. The new ERP Networking Community will provide a forum to post questions and receive answers, and to network with others. Topics to be discussed include:

- Electronic health records
- Site settings
- Telehealth services
- Billing questions

You will also be able to create your own discussion!

[ERP Networking Community Instructions and Forum Rules & Guidelines.](#)

---

## **Chronicle Diabetes—New High-Level Program Report & Annual Benchmark Report**

We are excited to share with you that the Chronicle High-Level report is now available within the Chronicle Diabetes reports tab and the ERP portal. This report can be downloaded as a standalone report, or it can be exported through the filter report which allows you to filter report data based on provider, demographics, clinical lab information, and numerous other filters chosen by the educator. This report can also be downloaded program-wide to include all of your recognized sites. Download the [Chronicle High-Level Program report guide](#) for more information and instructions.

### **High-level report features:**

- Participant types
- Diabetes self-management education and support (DSMES) services methods
- Instructional hours
- Demographic number and percentages for population seen
- Barriers to care
- Behavioral outcomes
- Program outcomes
- Participant measures

[Chronicle High-Level Program report example](#)—The program outcome and participant measures sections include footnotes explaining each of the data points. The last page of the report will provide you with a key for every data point provided on the report.

### **Chronicle Benchmark Report 2020**

The ADA Chronicle Diabetes Annual Benchmarks for 2020 are now available. Benchmark report highlights:

- Total number of participants with education documented in Chronicle: 47,392
- Total number of sites using Chronicle: 504
- Average decrease in A1C: 1.47
- Average decrease in weight: 3.49 lbs.

[Download Report](#)

---

## Assistant Coordinator Function Now Available

Quality Coordinators (QC) now have the option to assign multiple assistant coordinators (AC) within the ERP portal. An AC will have the same level access as the QC and will be able to facilitate all of the following functions:

- Begin/edit/submit applications and annual status reports and Diabetes Prevention Program (DPP) Express registrations
- Update site and organization demographics
- Add/edit/remove DSMES services staff members
- Manage staff member access to Chronicle Diabetes and DPP Express

**Note:** The AC can be a professional educator, paraprofessional, or administrative staff member. This role is designed only for access to the ERP portal. Download the [Assistant Coordinator Management Guide](#) for instructions.

---

## ADA's Focus on Diabetes™

Included in ERPU, ADA's Focus on Diabetes™ (FOD) Initiative presents a series of three educational videos. The videos discuss the connection between diabetes and eye health.

The goal of the FOD Initiative aims to reduce the risk of diabetes-related eye disease through increased awareness, screening, prevention, and early intervention. FOD also aims to reduce the severity diabetic retinopathy, diabetic macular edema, low vision, and blindness. Methods to achieve these goals include increasing consumer awareness and activation, providing support and education for people with diabetes, and professional education. To learn more about eye health and find upcoming events and materials to share with your patients, visit [eyehealth.diabetes.org](http://eyehealth.diabetes.org).



---

## Register for the 81<sup>st</sup> Scientific Sessions Today!

While we were hoping to see you in person this June, the health and safety of our faculty, attendees, staff, and exhibitors remains the top priority of the ADA—which is why we made the decision to **transition the 2021 Scientific Sessions to a virtual meeting**.

Rest assured, as we leverage new ways to deliver high-quality content and opportunities for interaction, our commitment to your career development and education remains the same. The Scientific Sessions will continue to offer the latest groundbreaking science presented by leading experts in the field, and more!

Along with unprecedented access to 180+ sessions, we plan to bring you enhanced networking opportunities and interactive Q&A discussions and chats. You'll have the opportunity to earn up to **34.25 continuing education (CE) credits** during the live virtual meeting (June 25–29) AND up to **340 CE credits** are available during the post-meeting archive (June 30–September 27).

[View the advance program](#) to examine the meeting in-depth, with detailed speaker, topic, and schedule information.

Make sure to register by Thursday, May 13 to take advantage of the advance rate. Don't let time zones or your schedule hinder you from registering! All pre-recorded sessions will be released during the original scheduled times over the five-day meeting and all registered attendees will receive unlimited access to all virtual content for 90 days after the meeting.

[Register today](#)

---

## **Must-Have Books on Nutrition: *What do I Eat Now?* and *What do I Cook Now?***

### ***What Do I Eat Now?***

By Tami A. Ross, RDN, LD, CDCES, MLDE, FADE

For patients newly diagnosed or those who have had diabetes or prediabetes for some time, many find it challenging to manage their blood sugar (blood glucose). Whether your patient has been newly diagnosed or they have a newfound interest in self-care, healthy eating and meal planning play an important role in the successful management of diabetes and prediabetes. Many patients wonder, "What do I eat now?". This no-nonsense guide was created to offer the tools needed for a lifetime of healthy eating. Fully revised and updated, this new edition includes the latest information about diabetes management and is backed by the experts at the ADA.

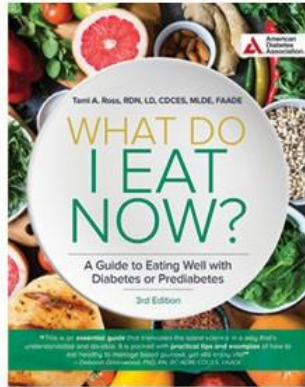
Written in clear, concise language, each chapter in this beginner-friendly guide explains a vital concept of diabetes nutrition, including understanding carbohydrates and macronutrients, different eating patterns for management or prevention, portion control, reading nutrition labels, smart shopping and cooking techniques, and strategies for eating out and special occasions.

### ***What Do I Cook Now?***

By Tami A. Ross, RDN, LD, CDCES, MLDE, FADCES, and Nancy S. Hughes

The cookbook that answers the question every person with diabetes and prediabetes asks, "What do I cook now?". From the author of the bestselling *What Do I Eat Now?* and recipes from best-selling author Nancy S. Hughes, this cookbook and action plan cuts through the noise and provides information and recipes straight from the experts. This cookbook expands on the vital concepts of diabetes nutrition introduced in *What do I Eat Now?* by offering easy and delicious recipes to help patients navigate through their diagnosis.

More than just a collection of recipes, this cookbook will walk your patients through the why and how of healthy eating, giving them the knowledge and skills they need to form healthier habits.



Add to Cart



Add to Cart

*Did you know you can receive your **40% ERP** discount at checkout on the Shop Diabetes store? Once you have logged into your ShopDiabetes.org account, be sure that your membership type is ERP member under your account information page. Visit [ShopDiabetes.org](https://www.shopdiabetes.org) or call **1-800-232-6733**, Monday–Friday, 8:00 a.m. to 5:00 p.m. ET to speak with a customer service representative.*

## Program Spotlight

From the desk of Jenny Henderson, RD, CDCES, Diabetes Education Coordinator at St. Marks Diabetes Services:

Little did we know that March 11, 2020 was a date that would “shake our world”—when the World Health Organization announced the COVID -19 pandemic. A week later on March 18, Salt Lake City experienced a 5.7 earthquake that literally shook our world. That afternoon at the St. Mark’s Diabetes Clinic, our staff and patients experienced a very strong aftershock, but after a safety check, we pressed on!

One of the great strengths of any strong DSMES service is resilience. The staff at St. Mark’s Diabetes Services is the epitome of “rolling with the punches” to make needed changes to continue providing excellent diabetes education and services. Our program includes five diabetes educators, front desk staff, and our fearless director, Alicia Allen, RD, MS. Our services provide diabetes education to both inpatients and outpatients. St Mark’s ERP has provided DSMES services to Salt Lake City, Utah and the surrounding area for many years.

Within days of the COVID-19 pandemic announcement, our director had researched the potential for telehealth visits, and worked with our administration to secure approval. Again, our resilient team jumped into action to continue visits with our patients. We all had a crash course

on Webex virtual visits and made the necessary modifications to continue to provide DSMES services using that platform. The front desk staff is key in scheduling virtual appointments, communicating with patients about technical requirements, completing the registration process, and starting the virtual visits with our patients. To date, some of our patients have had all of their visits via telehealth, finding that option best fits their needs. Virtual visits provide another tool allowing us to literally meet our patients where they are, supporting them in their efforts to manage their diabetes. To date, we continue to offer our patients both in-person and virtual visits. We hope telehealth visits are here to stay as an option for the DSMES population.

I am also sharing a resource that our program uses in assessing the needs of our target population for the DSMES services. The statistic access is from the U.S. Census Bureau and Centers for Disease Control and Prevention (CDC) website (you can change to your state and city).

- <https://www.census.gov/quickfacts/fact/table/saltlakecitycityutah,US/PST045219>
- [https://ibis.health.utah.gov/ibisph-view/indicator/complete\\_profile/DiabPrev.html](https://ibis.health.utah.gov/ibisph-view/indicator/complete_profile/DiabPrev.html)

St. Mark's Hospital diabetes educator staff:



---

**If your patients or someone you know is struggling to pay for insulin, the ADA has resources to help—send them to [InsulinHelp.org](https://www.insulinhelp.org).**

---

There's nothing we can't do when we're Connected for Life.



[VIEW ONLINE](#) | [MANAGE YOUR COMMUNICATIONS](#) | [FORWARD TO A FRIEND](#)

American Diabetes Association | 2451 Crystal Drive, Suite 900, Arlington, VA 22202 | 1-800-DIABETES

Please add [reply@diabetes.org](mailto:reply@diabetes.org) to your address book to ensure you receive all future emails.

[Click Here to Unsubscribe.](#)

© 2021 American Diabetes Association, All rights reserved.