

Documenting in Chronicle Diabetes Minimal Capacity

Chronicle Diabetes (CD) can be used at minimal capacity to provide the ability to export individual and aggerate outcomes (Behavioral Change Objectives & Participant Outcomes) as well as import data to ERP applications and annual status reports (ASRs). This guide will provide you with the 3-step process in entering data at minimal capacity as well as an optional 4th step to indicate the education type.

Step 1: Participant Demographics Step 2: Behavioral Change Objectives Step 3: Clinical & Lab Data Step 4: DSME & Follow Up – Optional



Step 1: Participant Demographics

- 1. Enter all sections Underlined in Red
- 2. Optional Cohorts
 - a. Patient Cohorts are a way to categorize patients into groups of similar patient types such as Insulin Starts, GDMs, PEDs or Referring Provider.

Cohort Options:

- i. Aggregate outcomes can be filtered by patient cohort
- ii. Each Patient can be assigned to one or more cohorts
- iii. Add, Edit or Delete a cohort through the Manage Cohorts button located near the upper left of the Patient List page.

| Create New Patient | | 🕐 Нер |
|---------------------------------------------------------------------------------------|------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Patient Name Salutation First Name Middle Name Last Name Suffix | Demographics Type of diabetes Date of Birth Gender Preferred Language Race T | Login/Password Auto Generate Login Information Username Password Confirm Password Confirm Password Confirm Password Confirm Password Check here if this patient has a referral |
| Contact Information Address 1 Address 2 City State Postal Code Primary Provider / PCP | Email | Referring Provider (if not a self-referral): No provider assigned. Check here if this is a self-referral Reason for referral: |
| No provider assigned. 🥜 Selec | No cohort assigned. | Ĥ |



Step 2: Behavior Goals & Assessment

Enter behavior goals and assessments. **Note:** reports will include any participants that have had a behavior change update during the period chosen on the report.

| < Return to Patient List | Participant Data, Mi | nimal | | |
|--------------------------------------------|----------------------------------------------|-----------------------------|-------------------------------------|-------------------------------------------------|
| Patient Information General Information | Gender: Male Email: | DOB: Race/ethnicity: | Jul 1, 1999 (18 years old) Other | Diabetes type: Type 1 BMI: N/A |
| DSME Assessment | Home phone: | Weight: | | A1c: |
| Health Status | | | | |
| DSME & Follow-Up | Behavior Change | Objectives | | |
| Clinical and Lab Data | Personal Goals | | | 🥔 Edit |
| Medications | Hopes to gain the followin | g from this educational pr | ogram: No value | |
| Contact History | Two things patient nee | is help with to improve dia | abetes: No value | |
| Notes | Objectives | | | Add New Objective |
| Documents Patient Reports | There have not been New Objective link al | any Behavior Chang bove. | ge Objectives documented for | this patient. To add a new Objective, click the |
| Snapshot Report Options: Notes: | DSMS Plan | | | |
| All Notes | This patient does not education or a follow | have any education up. | or follow-ups assigned. Before | e updating the patient's DSMS plan, please add |
| Generate Letters | | | | |
| asfdas 🔻 | | | | |
| Click to generate selected letter | | | | |
| 📋 Launch Letter Manager | | | | |

Documenting the above data allows programs to export aggregate behavioral outcomes

Example:

Behavior Change Objectives

For the low, high and average:

- **# High**: this is the highest single value found.
- # Average: this is an average of all the values found.
- # Low: This is the lowest single value found.

Example:

| Patient 1: | Baseline | 0% | Assessment | 75% | |
|------------|----------|-----|------------|-------|-----|
| Patient 2: | Baseline | 0% | Assess | sment | 50% |
| Patient 3: | Baseline | 25% | Assessment | 100% | |

| Goals | n | | Pre | Post | Avg |
|---------------------------|---|------|------|------|-------|
| | | High | 25 | 100 | 75 |
| Nutritional Management | ε | Avg | 8.33 | 75 | 66.67 |
| | | Low | 0 | 50 | 50 |
| | | | | | |

Pre Avg: All Baseline Results / # of Patients (0 + 0 +25 / 3 = 8.33%)

Post Avg: All Assessment Results / # of Patients (75 + 50 + 100 / 3 = 75%)

Avg Degree of Change: All Degrees of change / # of patients (75 + 50 + 75 / 3 = 66.67%) Total # of Patients: Total number of patients with two or more results for the specific goal



Step 3: Participant Outcomes (Clinical & Lab Data)

Enter all chinical and lab data that you are tracking. **Note:** reports will include any participants that have had a clinical and lab data update during the period chosen on the report

| <<< Return to Patient List | Participant Data, Mi | nimal | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Patient Information General Information DSME Assessment | Gender: Male Email: Home phone: | DOB: Jul 1, 1999 (18 years old) Race/ethnicity: Other Weight: | Diabetes type: Type 1 BMI: N/A A1c: |
| DSME & Follow-Up Behavior Change Objectives | Clinical and Lab D | lata | 🚫 New Lab She |
| Clinical and Lab Data Medications Contact History Notes Documents Patient Reports Snapshot Report Cptions: Notes All Notes All Notes Click to generate selected report Concept Leithere | tentation change Objectives timical and Lab Data tedications contact History teter Reports Snapshot Report ✓ Options: All Notes ✓ Click to generate selected report | the name Available Tests (Click to add) 24h CrCl 24h Urine Protein ALT Blood Pressure C-peptide Creatinine Dental exam (past 6 months) EKG result Eye exam (past 12 months) Fasting Blood Glucose Random Blood Glucose | |
| asidas | | | Flu Vaccine Comprehensive Foot exam (past 12 months) Height HbA1c Lipid Profile Meter Correlations Patient Satisfaction Pneumovax Quality of Life |

Documenting the above lab values will allow programs to export individual and aggregate change in participant outcomes. Example:

Clinical and Lab Data

For the low, high and average:

- # High: this is the highest single value found.
- # Average: this is an average of all the values found.
- # Low: This is the lowest single value found.

Example:

| Patient 1: | Initial HbA1c | 8.0% | f/u HbA1c | 7.0% |
|------------|---------------|------|-----------|------|
| Patient 2: | Initial HbA1c | 9.0% | f/u HbA1c | 7.5% |
| Patient 3: | Initial HbA1c | 8.0% | f/u HbA1c | 6.5% |

| Labs | | | | | | |
|------|---|---|------|------|------|--------|
| | n | | | Pre | Post | Change |
| | | | High | 9 | 7.5 | 1.5 |
| A1c | (| 3 | Ava | 8.33 | (7) | 1.33 |
| | | 0 | Low | 8 | 6.5 | 1.5 |

Pre Avg: Sum of all initial HbA1c results / # of Patients (8.0 + 9.0 + 8.0 / 3 = 8.33%) Post Avg: Sum of all f/up HbA1c results / # of Patients (7.0 + 7.5 + 6.5 / 3 = 7%) Avg Degree of Change: Sum of all HbA1c changes / # of patients (1.0 + 1.5 + 1.5 / 3 = 1.33%) Total # of Patients: Total number of patients with two or more results for the specific lab value.



Step 4: DSME & Follow Up - Optional

A minimum of one 1:1 via the DSME & Follow-Up tab will to Import the following data to the Original/Renewal/Additional Site Application:

• # of participants that were seen for Initial and/or Comprehensive and Post Program Instruction

Note:

- The participant need to be documented as attended as attended for the 1:1 and the date will need to be within the reporting period you choose for the application.
- It is not required to document the lesson plan or notes for the 1:1 in order to be included in this import.

| <<< Return to Patient List | Participant Data, Min | imal | | | | |
|----------------------------|------------------------|------------------------------------------------|-------------------------|------------------------------------------------------|-------------------------|--|
| Datient Information | Gender: Male | DOB: | Jul 1, 1999 (18 years o | ld) Diab | etes type: Type 1 | |
| General Information | Email: | Race/ethnicity: | Race/ethnicity: Other | | BMI: N/A | |
| DSME Assessment | Home phone: | Weight: | | | A1c: | |
| Health Status | | | | | | |
| DSME & Follow-Up | DSME & Follow-Up | | | | | |
| Behavior Change Objectives | Dome at onon-op | | | | | |
| Clinical and Lab Data | Education Summary | | O New 1:1 | Follow-Up Summary | 🔘 New Follow-Up | |
| Medications | This patient does not | have any education | angigned To | This patient does not have | any follow upo gooignod | |
| Contact History | add education for this | natient either click | the "New 1:1" | To add a follow-up, click the "New Follow-Up" button | | |
| Notes | button above to add a | button above to add a 1:1 session or click the | | | Herr of of parton | |
| Documents | "Education" tab above | e to create a group o | lass. | | | |
| Patient Reports | | | | Education Status | | |
| Snapshot Report 🔹 | | | | Patient's total educated hours | | |
| - Options: | | | | Total: No value | | |

Documenting Step 4 will also export to the participant type on the ERP Site Data Report Below:

| ERP Site Data Report : 01/17/2017 - 01/17/2018 ERP Clinic Alexandria, VA | | | |
|--------------------------------------------------------------------------------|-----------------------------------------|-------------------|---------------------------------------------|
| lotal number of participants during reporting period | Special | eeds of participa | ants receiving DSME during reporting period |
| 27 Comprehensive and/or Initial | NO | Physically dis | abled |
| 4 Post Program Instruction | NO | Visually impai | ired |
| 3 Education not documented * | NO | Hearing impai | ired |
| | NO | Low literacy | |
| Average nours of DSIME received by participants during report | ing period NO | English as a s | second language |
| 3.1 Comprehensive and/or Initial | ••••••••••••••••••••••••••••••••••••••• | | |
| 1.3 Post Program Instruction | Site DSI | IE method(s) | |
| | YES | 1:1 | |
| Age of participants receiving DSME during reporting period | YES | Group | |
| 2 More than 65 years of age | | | |
| 11 45-64 years of age | Behavio | al Outcome(s) | |
| 10 19-44 years of age | Avg % | # Patients | tional Management |
| 7 Less than 19 years of age | /2.4% | 19 Nutri | luonai Management |
| Diskates type of participants resolving DOME during reporting | 87.5% | 2 Phys | sical Activity/Deing Active |
| Diabetes type of participants receiving DSWE during reporting | period 0% | 0 Takir | ig medications |
| Pre-diabetes 0-16 years of age | 83.3% | 6 Woni | itoring |
| 6 Pre-diabeles >= 19 years of age 4. Type 1.0.19 years of and | 0% | 0 Acut | e complications/Problem Solving |
| 4 Type T 0-To years of age | 87.5% | 2 Chro | nic complication/Reducing Risks |
| 2 Type 1 >= 19 years of age | | 2 Psyc | chosocial Adjustment/healthy Coping |
| 2 Type 2 0-18 years of age | Other Pr | rticipant Outcom | 100 |
| 21 Type 2 >= 19 years of age | | ual % | Other Participant Outcomes |
| 0 GDM | 73.3% | 22/30 A1c | ener renopent outcome |
| 0 Utiler / Don t Know | 3.3% | 1/30 Eve | Exam |
| Race/ethnicity of participants receiving DSME during reporting | neriod 10% | 3/30 Foot | Exam |
| VES American Indian or Alaskan Native | 0% | 0/30 Lipid | S |
| VES_Asian/Chinese/Jananese/Korean/Pacific Island | er 0% | 0/30 BP | |
| VES Black/African American | 13.3% | 4/30 Weig | aht Change |
| VES Hispanic/Chicano/Cuban/Mexican/Puerto Ricar | n/l atino | | 4 |
| VES White/Caucasian | | | |
| NO Middle Eastern | | | |