



## American Diabetes Association Scientific Sessions Poster Presentation Guidelines

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## Overview

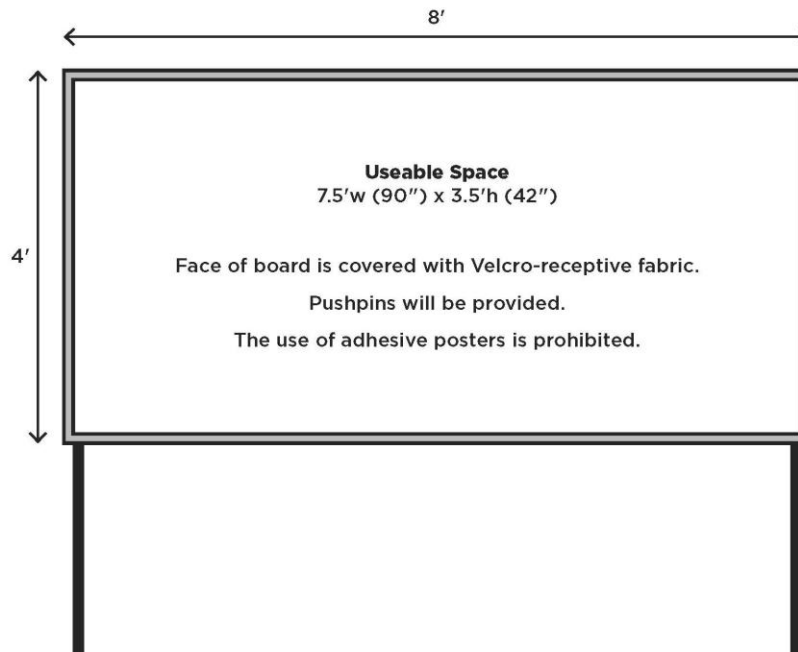
Congratulations on having your abstract selected for a poster presentation at the American Diabetes Association's 83<sup>rd</sup> Scientific Sessions, June 23-26, 2023, in San Diego, California. Your poster will be displayed in the Poster Hall onsite at the meeting and published online on the journal *Diabetes*<sup>®</sup> [website](#).

Review the following guidelines to ensure a successful poster presentation.

## Poster Display Guidelines

A poster presentation consists of a graphic display of an author's research. Authors illustrate their study findings by displaying graphs, photos, and text on poster boards. Each poster is assigned to a one-hour, mid-day General Poster Session where presenters share and discuss their research with attendees. Abstracts in each category are presented together during a General Poster Session. The category presentation schedule can be found on [pages 7-9](#).

- The poster board surface area is 8 feet wide by 4 feet high. Your poster should not exceed the amount of useable space, 7.5' wide (90") by 3.5' high (42").



## Poster Design and Development

The objective of a poster presentation is to display research clearly and simply in a visually appealing way. Be careful not to overload the poster. The content of an effective poster presentation should be focused and concise.

- Prepare a heading, using large-size type, to appear across the top of the board listing the title and authors. The lettering for this section should be at least 1 inch high.

- Information on the poster must be readable from distances of 3 feet or more. You are strongly encouraged to use type at least 1/4 inches high to ensure legibility. Make all print dark (preferably block style) on a light (preferably white) background. Do not use a dark-colored background.
- Write your presentation as concisely as possible, keeping the number of pieces to a minimum. Charts, drawings, and illustrations should be similar to those you would otherwise use in making slides. Try to avoid using very fine lines or rules; these are more difficult to see from a distance. Keep everything as simple as possible and avoid "artsy" or overly ornate presentations. Block lettering can be useful to add emphasis and clarity.
- It is recommended that you provide the viewer a preferred sequence that should be followed in studying your poster.
- Your poster should be self-explanatory so that you are free to supplement the information and discuss particular points of inquiry during the poster session. The poster session provides an intimate forum for informal discussion, but this becomes difficult if you are required to devote most of your time explaining your poster to visitors.
- Use generic drug names. If it is necessary to use a trade name, then those of several companies must be used. In addition, should your presentation include discussion of any unlabeled or investigational use of a commercial product, you are required to disclose this at the time of presentation.
- Include on your poster a name, address, and phone number (or distribute business cards) in case someone wants additional information.
- Poster presenters may create and add their own QR Codes to posters.
- The use of adhesive posters is prohibited.

### Prior to the Meeting

**Change of Presenting Author:** If you are unable to attend the Scientific Sessions, it is your responsibility to assign a co-author and inform the ADA. The presenter must be a co-author listed on the abstract at the time of submission. To make a presenting author change, e-mail [abstracts@diabetes.org](mailto:abstracts@diabetes.org) with the name and e-mail address of the new presenting author, along with the abstract presentation number. Enter "Change of Presenting Author" in the subject line of the e-mail.

### Poster Printing, ePosters, and 2D Barcodes

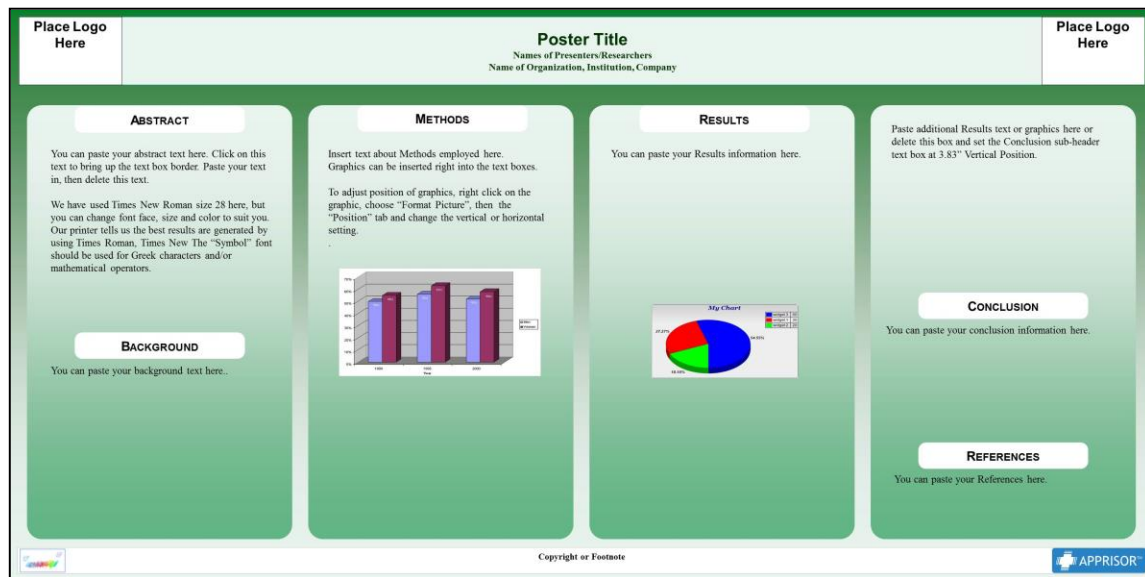
- **\*Poster Printing Service:** The ADA offers discounted poster printing through our preferred poster service partner, Digital Acumen's APPRISOR. We recommend you take advantage of this convenient way to order a printed poster. Posters printed using this service will be available for pick-up in the Poster Hall during [Poster Hall hours](#). Details will be e-mailed to poster presenters from [upload@scientificposters.com](mailto:upload@scientificposters.com) in early May. **Note: Poster printing through our partner is not mandatory.**
- **\*ePosters and 2D Barcodes:** Gain greater long-term exposure and visibility for your poster by making it available online as an ePoster. This does not replace the physical poster at the in-person meeting. ePosters will be viewable by the virtual attendees and available on the virtual platform after the meeting. All posters will have a 2D barcode on their board. Attendees can scan the barcode with a smartphone or camera-equipped tablet to view the ePoster, the corresponding abstract, and accompanying narration (if provided). Instructions for uploading your ePoster file and recording audio will be e-mailed to poster presenters from [upload@scientificposters.com](mailto:upload@scientificposters.com) in early May.

\* Both poster printing and ePoster files are conveniently uploaded through the same ePoster submission site.

- **Poster Templates:** Templates are available through our ePoster and poster printing partner, Digital Acumen's APPRISOR. Instructions to access the website will be e-mailed to all presenting authors in early May from [upload@scientificposters.com](mailto:upload@scientificposters.com).

## Onsite

- Hang your poster on the first day of the meeting, Friday, June 23, between the hours of 10:00 a.m. to 5:00 p.m. **New for 2023!** The poster hall will be available to attendees during the Friday evening Networking Reception. Your poster will be displayed for all four days (Friday evening, Saturday, Sunday, and Monday) in the Poster Hall. **Note:** Poster displays at the Scientific Sessions **do not** rotate.



- The use of glue, tape, or staples is not allowed. Pushpins will be provided for you to attach your materials to the poster board.
- Do not write or paint on the poster boards themselves.
- All posters and materials **must** be removed from the Poster Hall between 2:00pm and 4:30 p.m. on Monday, June 26. The ADA is not responsible for posters that remain after the removal time. **ALL POSTERS LEFT AFTER 4:30 P.M. WILL BE DISCARDED.**
- Children under the age of 18, even if paid registrants, will not be admitted to session rooms, the Exhibit Hall, or the Poster Hall. Exceptions will be made for nursing mothers, as long as the child does not disrupt the session. For safety reasons, strollers cannot be allowed in session rooms, the Exhibit Hall, or the Poster Hall.
- Do not leave personal belongings unattended at any time. Only handouts should be left with your poster.
- **Photography is not permitted in the Poster Hall or Exhibit Hall.**

## ePoster Guidelines and Information

In addition to hanging your poster onsite, you have the opportunity to create an ePoster for the virtual attendees to view. Gain more exposure to your research as the ePoster will also be available on the virtual platform for 60 days after the meeting has ended.

**\*Note: The ePoster does not substitute for a printed poster during the in-person meeting. The presenting author is required to attend the meeting in San Diego and hang a printed poster.**

- ePosters should be in PDF or PowerPoint format and no more than 8 slides, excluding title and disclosures slides (first two slides).
- Either a single page poster (similar to a printed poster file) OR a multi slide presentation.
- 16:9 is the preferred aspect ratio.
- PowerPoint-specific features such as animations, page transitions, hyperlinks, or embedded video or audio **are not supported**.
- **After** you approve your ePoster, you can add audio **OR** video. Only one source of audio can be included.
  - **After** you approve your ePoster, you can upload or record audio. Audio must be supplied in either MP3, AIF, WAV formats, or the presenter can use the recorder that is available within the ePoster submission site to record audio. Either uploaded audio or using the online recording tool will allow **sync** with your slide advancement if you have a multi-slide ePoster.
    - Audio can be a maximum of 5 minutes. If you would like to add an audio file or use the online recording tool to provide narration, you may do so after you have approved the ePoster. **The use of recorded audio is highly encouraged by ADA for the virtual attendees.**
  - **After** you approve your ePoster, you may upload video to play within your ePoster. **Please note:** Video is not for presentations, only supporting videos that demonstrate what is being discussed in the poster is allowed. You are strongly encouraged to use our online tools to add a narration to your poster as the preferred way to present it. If you plan to upload video, you will need to record the video with your own device as the ePoster submission site does not have the capability for online video recording.
    - Acceptable formats include: avi, m4v, mov, mpg, mpeg, ogm, or wmv. Do not exceed 50 MB for each video file. Do not submit video files in HD format.
- Poster presenters may create and add their own QR Codes to their ePosters.
- Your ePoster **must** be uploaded via the ePoster submission site. Any other form of submission will not be accepted.
- A multi-page ePoster template is available for download within the ePoster submission site on the “Support” page. You are not required to use the available template.
- If someone will be assisting you in developing your ePoster, once you are signed into the ePoster submission site for the first time, on the “Support” page, there will be an Add/Modify Preparer email form, this is where a second person's email can be added to be cc'd on future emails. The second person will not receive a separate login account, but they will be cc'd on

future emails regarding your ePoster. You will need to share your login credentials with the preparer so they can assist in the upload.

- For a better understanding of ePosters, view prior year ePosters in the ADA Archive at <https://ada.scientificposters.com>.

## **Online Poster Forums**

To enhance attendee interaction with authors, a forums feature is included in the APPRISOR ePoster site. While viewing an ePoster, attendees may submit questions or comments to the author. Questions are forwarded through the system and sent to the email address you designate. The system protects your privacy and attendees do not see your email address when submitting questions. The author may respond either privately to the attendee directly or publicly by posting the comment and response in the forum displayed on the abstract page for that ePoster. To encourage author participation, you will be directed to enable the Forum upon initial sign in to the submission site.

## **Abstract Embargo Policy**

All meeting attendees, members of the media, companies, institutions, organizations, universities, investment advisors, and all other individuals are required to abide by the embargo policy governing the American Diabetes Association's (ADA's) 83<sup>rd</sup> Scientific Sessions.

An embargo means that information from any abstract or presentation is confidential and may not be announced, publicized, or distributed before the embargo date and time. This policy applies to all formats of release, including the Scientific Sessions online itinerary planner, meeting app, Abstracts on USB, abstracts available online via the ADA's website, and any other distribution method.

The purpose of the embargo policy is to protect the scientific integrity of the abstract submissions presented at the ADA's Scientific Sessions. All submissions are to be considered preliminary until the time of presentation or authorized for public release. Violation of the embargo policy by release of information contained in any abstract prior to its embargoed date and time will result in the individual, as well as the employer/affiliated company, institution, organization, etc., being removed from ADA's 83<sup>rd</sup> Scientific Sessions, with a two-year ban on returning.

### **Prior Publication:**

If the accepted abstract is also submitted as a manuscript for publication, authors are responsible for coordinating a publication date that abides by the ADA's embargo policy. If publication occurs online or in print before the specific embargo date and time set by the ADA, the abstract must be withdrawn. Notify the ADA via e-mail at [abstracts@diabetes.org](mailto:abstracts@diabetes.org).

### **Specific Embargo Dates and Times:**

#### **\*Oral Presentations:**

Abstracts selected for oral presentation are embargoed from the time of submission until conclusion of the presentation at the 83<sup>rd</sup> Scientific Sessions. The ADA reserves the right to adjust the embargo as needed.

#### **\*Poster Presentations:**

Abstracts selected for poster presentation are embargoed from the time of submission until Friday, June 23, 2023 at 6:30 p.m. PT (United States Pacific Time).

#### **Published Only:**

Abstracts selected for Published Only are embargoed from the time of submission until Friday, June 23, 2023 at 10:30 a.m. PT (United States Pacific Time).

\*Abstracts included in the ADA’s official 83<sup>rd</sup> Scientific Sessions Press Program are embargoed from the time of submission until conclusion of the News Briefing in which the research is presented or until conclusion of the presentation at the 83<sup>rd</sup> Scientific Sessions, whichever is first. Authors will be notified directly if their study has been selected for presentation in an ADA News Briefing and the specific embargo details for their study will be provided. Please contact the ADA Press Office if you have any questions at [press@diabetes.org](mailto:press@diabetes.org).

**Abstract Availability:**

Embargoed text of abstracts will be made available online on Tuesday, June 20 at 5:00 p.m. ET (United States Eastern Time). **Note:** The abstract embargo still applies; however, abstracts are made available to attendees to assist in creating their itineraries for the meeting.

**Poster Hall Information**

**Poster Hall Location**

San Diego Convention Center (Halls B - C)  
 111 W Harbor Drive  
 San Diego, California, 92101

<b>Poster Hall Hours</b>		
Friday, June 23	10:00 a.m. - 5:00 p.m.	Poster presenters hang posters
Friday, June 23	6:30 p.m. - 8:30 p.m.	All posters on display
Saturday, June 24	10:00 a.m. - 6:00 p.m.	All posters on display
Sunday, June 25	7:30 a.m. - 6:00 p.m.	All posters on display
Monday, June 26	7:30 a.m. - 2:00 p.m.	All posters on display
<b>Monday, June 26</b>	<b>2:00 p.m. - 4:30 p.m.</b>	<b>Poster removal</b>

**ALL POSTERS LEFT AFTER THE REMOVAL TIME WILL BE DISCARDED.**

**Contact the ADA**

If you have any questions regarding your poster presentation, contact the American Diabetes Association at [abstracts@diabetes.org](mailto:abstracts@diabetes.org).

## General Poster Session Schedule by Category

Saturday, June 24  
Poster Hall (Halls B - C)

10:00 a.m. - 6:00 p.m. All Posters on Display

11:30 a.m. - 12:30 p.m. General Poster Session: **Poster presenters in the categories below are required to be at their posters for discussion with attendees.**

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### Presented Categories

**Psychosocial, Behavioral Medicine**

Posters: 624-P to 727-P

**Epidemiology—Other**

Posters: 1384-P to 1439-P

**Clinical Therapeutics—Diabetes Prevention**

Posters: 728-P to 745-P

**Epidemiology—Type 1 Diabetes**

Posters: 1440-P to 1460-P

**Clinical Therapeutics—Insulins**

Posters: 802-P to 822-P

**Immunology**

Posters: 1481-P to 1493-P

**New Technology—Glucose Monitoring and Sensing**

Posters: 931-P to 989-P

**Beta-Cell Replacement**

Posters: 1494-P to 1498-P

**Epidemiology—Aging**

Posters: 1213-P to 1224-P

**Insulin Action—Adipocyte Biology**

Posters: 1499-P to 1507-P

**Epidemiology—Cardiovascular Disease**

Posters: 1225-P to 1250-P

**Insulin Action—Molecular Metabolism**

Posters: 1508-P to 1509-P

**Epidemiology—Clinical—Diagnosis and Screening**

Posters: 1251-P to 1306-P

**Insulin Action—Signaling and Insulin Resistance**

Posters: 1510-P to 1521-P

**Epidemiology—Diabetes Complications**

Posters: 1307-P to 1373-P

**Late Breaking (All Categories)**

**Epidemiology—Nutrition**

Posters: 1374-P to 1383-P



## General Poster Session Schedule by Category

Sunday, June 25  
Poster Hall (Halls B - C)

7:30 a.m. - 6:00 p.m. All Posters on Display

11:30 a.m. - 12:30 p.m. General Poster Session: **Poster presenters in the categories below are required to be at their posters for discussion with attendees.**

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### Presented Categories

#### **Complications—Hypoglycemia**

Posters: 378-P to 396-P

#### **Complications—Neuropathy**

Posters: 477-P to 494-P

#### **Foot Care—Lower Extremities**

Posters: 507-P to 523-P

#### **Exercise**

Posters: 573-P to 599-P

#### **Nutrition—Clinical**

Posters: 600-P to 623-P

#### **Clinical Therapeutics—Incretin Based Therapies**

Posters: 746-P to 801-P

#### **Clinical Therapeutics—Other Therapeutic Agents**

Posters: 823-P to 866-P

#### **Clinical Therapeutics—SGLT Inhibitors**

Posters: 867-P to 896-P

#### **New Technology—Insulin Delivery Systems**

Posters: 897-P to 930-P

#### **Health Care Delivery—Economics/Quality Improvement**

Posters: 990-P to 1087-P

#### **Pregnancy—Basic Science/Translational**

Posters: 1173-P to 1180-P

#### **Pregnancy—Clinical/Epidemiology**

Posters: 1181-P to 1212-P

#### **Integrated Physiology—Central Nervous System Regulation of Metabolism**

Posters: 1522-P to 1543-P

#### **Integrated Physiology—Insulin Secretion In Vivo**

Posters: 1544-P to 1555-P

#### **Integrated Physiology—Liver**

Posters: 1556-P to 1609-P

#### **Integrated Physiology—Macronutrient Metabolism and Food Intake**

Posters: 1610-P to 1624-P

#### **Integrated Physiology—Muscle**

Posters: 1625-P to 1644-P

#### **Integrated Physiology—Other Hormones**

Posters: 1645-P to 1662-P

## General Poster Session Schedule by Category

Monday, June 26  
Poster Hall (Halls B -C)

7:30 a.m. - 2:00 p.m. All Posters on Display

11:30 a.m. - 12:30 p.m. General Poster Session: **Poster presenters in the categories below are required to be at their posters for discussion with attendees.**

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### Presented Categories

**Complications—Kidney—Basic and Experimental Science**

Posters: 397-P to 405-P

**Complications—Kidney—Clinical and Translational Research**

Posters: 406-P to 439-P

**Complications—Macrovascular—Atherosclerotic Cardiovascular Disease and Human Diabetes**

Posters: 440-P to 473-P

**Complications—Macrovascular—Cellular Mechanisms of Atherogenesis in Diabetes**

Posters: 474-P to 476-P

**Complications—Retinopathy**

Posters: 495-P to 502-P

**Diabetic Dyslipidemia**

Posters: 503-P to 506-P

**Diabetes Education**

Posters: 524-P to 572-P

**Obesity—Animal**

Posters: 1663-P to 1689-P

**Obesity—Human**

Posters: 1690-P to 1721-P

**Pediatrics—Obesity and Type 2 Diabetes**

Posters: 1088-P to 1117-P

**Pediatrics—Type 1 Diabetes**

Posters: 1118-P to 1172-P

**Genetics—Type 1 Diabetes**

Posters: 1461-P to 1465-P

**Genetics—Type 2 Diabetes**

Posters: 1466-P to 1480-P

**Islet Biology—Apoptosis**

Posters: 1722-P to 1727-P

**Islet Biology—Beta Cell—Development and Postnatal Growth**

Posters: 1728-P to 1741-P

**Islet Biology—Beta Cell—Stimulus-Secretion Coupling and Metabolism**

Posters: 1742-P to 1766-P

**Islet Biology—Signal Transduction**

Posters: 1767-P to 1782-P

2:00 p.m. - 4:30 p.m. Poster presenters must remove all materials from the Poster Hall.

**The ADA is not responsible for posters and materials that remain after the removal time. ALL POSTERS LEFT AFTER THE REMOVAL TIME WILL BE DISCARDED.**