Gestational Diabetes (GDM) Screening Guidelines

GDM is diabetes diagnosed in the second or third trimester when an individual did not have diabetes before the pregnancy.

Screen for GDM at **24 to 28 weeks** in people without diabetes prior to pregnancy.*

*Before 15 weeks gestation, test people with risk factors to rule out prediabetes and type 2 diabetes if not screened for diabetes prior to pregnancy.

Screen people with GDM during pregnancy **4 to 12 weeks** postpartum for prediabetes or type 2 diabetes.

People with a history of GDM should have lifelong screening for prediabetes or type 2 diabetes **every 1 to 3 years**.

Learn more at [diabetes.org](https://diabetes.org) | 1-800-DIABETES (1-800-342-2383)

Supported in part by the Women’s Health Initiative of the American Diabetes Association®

This infographic is based on recommendations from the ADA's Standards of Care in Diabetes—2023.