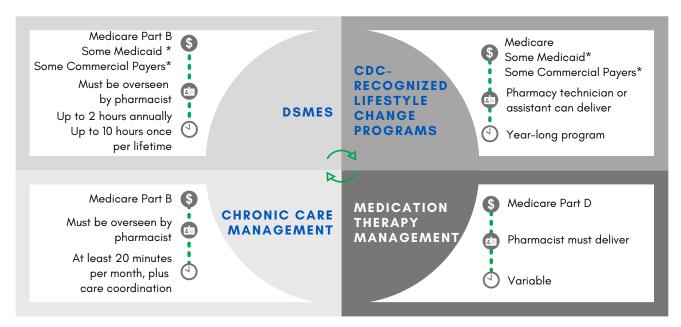
WORKING WITH PHARMACIES TO SUSTAIN DSMES

Pharmacists are an ideal diabetes self-management education and support (DSMES) partner. They can run accredited and recognized programs, they can assist in program enrollment, and they can teach classes. The graphic below shows an overview of diabetes-focused services that can take place in pharmacies and complement DSMES offerings.



Service	Payers	Staffing Required	Time Commitment
DSMES	Medicare Part B Many Medicaid Offices* Many Employers* Many Commercial Insurers*	Pharmacists can oversee and/or educate Less credentialed staff can educate if overseen by pharmacist	Up to 2 hours annually Up to 10 hours once per lifetime at initial diagnosis A focus on individualized treatment applies to annual and initial training
CDC-Recognized Lifestyle Change Programs	Medicare Some Medicaid Offices* Some Employers*	Trained Lifestyle Coach (could be Pharmacy Technician, Pharmacy Assistant, or Pharmacist)	Year-long program meets weekly for an hour during the first 20-24 weeks, and continues for the year at longer intervals, but still an hour
Medication Therapy Management	Medicare Part B	Pharmacist for primary contact Other staff can work on care coordination	At least 20 minutes per month for a year
Chronic Care Management	Medicare Part D	Requires a formal agreement between pharmacists & physicians	Variable

^{*}Staffing and time commitment requirements included in this sheet are specific to Medicare reimbursement. Requirements for Medicaid, employer, and commercial coverage of pharmacist services may vary by payer.



Since 1988, the National Association of Chronic Disease Directors and its more than 7,000 Members have worked to strengthen state-based leadership and expertise for chronic disease prevention and control in all states, territories, and nationally. Learn more at chronicdisease.org. 325 Swanton Way, Decatur, GA 30030

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