Objectives

- Discuss the history and purpose of diabetes education competencies
- Explain the flow of competencies through practice levels
- List three applications for diabetes education competencies

What is a competency?

- Merriam-Webster: an ability or skill
- Free Dictionary: a skill or ability
Scope of Practice

• All diabetes educators, regardless of discipline, provide all aspects of diabetes self-management education and support.
  – Each brings their discipline-specific focus to the educational process
• Diabetes educators are prepared to provide clients with the knowledge and skills to effectively manage their diabetes.
  – Diabetes educators possess a body of knowledge that spans across disciplines to provide comprehensive DSMES

Diabetes Self-Management Education

• An interactive, collaborative, ongoing process involving the person with diabetes and the educator(s).
• DSMES is accessible, planned, individualized, documented and evaluated

Standards of Practice

• Assessment
• Goal Setting
• Planning
• Implementation
• Evaluation/Monitoring
• Documentation

Standards of Professional Performance

• Quality of Care
• Professional Performance Appraisal
• Professional Development
• Collegiality
• Ethics
• Collaboration
• Research
• Resource Utilization

Diabetes Education Practice Levels

• 2006: Workgroup(s)
• 2009: Guidelines and competencies
• 2013: Workgroup
• 2014: Revised practice levels
• 2015: Revised competencies

Practice Levels
Dreyfus Model

- Novice
- Experienced Beginner
- Practitioner
- Knowledgeable Practitioner
- Expert

Purpose of Practice Levels

- To increase access to diabetes self-management education and support and achieve better patient care

Competencies

- Provide structure for the knowledge, skills and abilities required for practice at each level across the continuum of diabetes care.

Competencies

- A master list of the minimal knowledge and skills needed across the continuum of care for the various levels of practice.
- A basis for education, training, development, and performance appraisal of anyone engaged in diabetes education and support.

Competencies

- Domain 1: Pathophysiology, Epidemiology, and Clinical Practice of Pre-diabetes and Diabetes
  - Demonstrates familiarity with pathophysiology, epidemiology, and clinical practice consistent with practice level.
- Domain 2: Cultural Competency Across the Lifespan
  - Provides diabetes support and care in a culturally-competent manner across the lifespan.
- Domain 3: Teaching and Learning Skills
  - Applies current principles of teaching and learning and/or behavior change to facilitate self-management skills. Pursues ongoing professional development.
- Domain 4: Self-Management Education
  - Works with an interdisciplinary diabetes care team to tailor interventions to individual self-management education needs.
- Domain 5: Program and Business Management
  - Applies principles of program and/or business management to create a climate that supports successful self-management of diabetes.

How Competencies Flow Through Levels
Applications for Competencies

- Academic curricula
- Position recruitment
- Staff training & development
- Performance appraisal

Diabetes Education Practice Resources

- AADE’s website
  - www.diabeteseducator.org

Questions?

THANK YOU
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