

Data Collection Fields

Sample Policy Defining Fields for DSME Assessment

For use by Recognized programs not compiling DSME assessment data in one location (paper or electronically) to prevent duplication of data entry

Patient Diabetes Self-Management Education (DSME) (Data Collection, Review and Assessment

Purpose:

- To define what data must be reviewed and the data location in the patient’s electronic record to allow for a complete and thorough DSME assessment and education per Standard 7 criteria of the National Standards for Diabetes Self-Management Education and Support.

Procedure:

- An assessment of the DSME patient is performed to determine the patient concerns and educational needs in the following domains in preparation for DSME planning and provision.

Domains	Electronic Medical Record Location
Clinical - Relevant Medical History	
Clinical – Relevant Diabetes History	
Cognitive – Diabetes Disease Process	
Cognitive – Nutritional Management	
Cognitive – Physical Activity	
Cognitive – Medications	
Cognitive – Blood Glucose Monitoring	
Cognitive – Acute Complications <ul style="list-style-type: none"> • Prevention • Detection • Treatment 	
Cognitive – Chronic complication <ul style="list-style-type: none"> • Prevention, Detection • Treatment 	
Psycho-Social Issues	
Diabetes Distress and Support System	
Behavioral <ul style="list-style-type: none"> • Readiness for Change • Lifestyle practices • Self-care behaviors 	

- The patient’s DSME education plan is set based on the above assessment.
- If any part of the assessment needs to be deferred to another time this must be documented along with the rationale.
- In the case of the need to submit a de-identified patient record for purposes of a DSME Recognition application or DSME program audit (ADA or CMS) all assessment data points must be included in the documentation provided.

Note: This policy may be used as is or adapted per your DSME program’s needs.