



Glucose Monitoring During Pregnancy

People with gestational diabetes should check blood glucose when appropriate based on their care plan.

This may include:

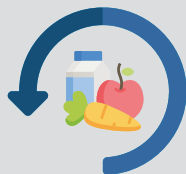


Fasting

&

One to two hours after meals

If taking insulin, encourage testing:



Before meals

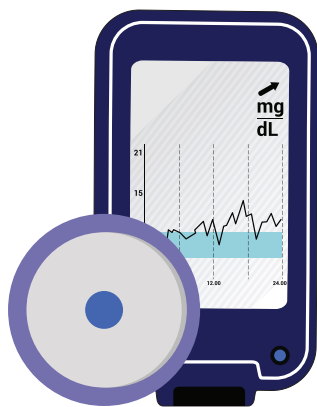


At bedtime



With symptoms of high or low blood glucose

When used in addition to pre and postprandial blood glucose monitoring, continuous glucose monitoring can help to achieve the A1C target in diabetes and pregnancy.



CGM metric targets may be used in addition to pre and postprandial glycemic targets

Blood glucose target range for people with type 1 diabetes during pregnancy:

Fasting <95mg/dL

One hour after a meal <140mg/dL

Two hours after a meal <120mg/dL

Pregnancy A1C target:

<6% if can be achieved without significant hypoglycemia

Type 1 Diabetes Pregnancy Target Ranges (mg/dL)

