

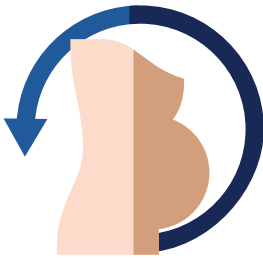


Gestational Diabetes (GDM) Screening Guidelines

GDM is diabetes diagnosed in the second or third trimester when an individual did not have diabetes before the pregnancy.



People without diabetes prior to pregnancy should be screened for GDM at **24 to 28 weeks** of pregnancy.



People with GDM in pregnancy should be screened **4 to 12 weeks** after delivery for prediabetes or type 2 diabetes.



People with a history of GDM should have lifelong screening for prediabetes or type 2 diabetes **every 1 to 3 years.**