

# Annual Diabetes Practice Update



**Friday, October 8, 2010**

**8:00am—4:00pm**

**Oregon Convention Center  
777 NE Martin Luther King Jr Blvd  
Portland, Oregon**

## TARGET AUDIENCE

This education activity is designed for physicians, family physicians, nurses, nurse practitioners, pharmacists, dietitians and other health professionals with an interest in diabetes and related management issues.

## LEARNING OBJECTIVES

*At conclusion of this education activity participants will be able to:*

- Identify clinical guidelines, research, emerging trends, tools and therapies that impact management of diabetes both inpatient and outpatient.
- Discuss recent advances in the understanding of the adipocyte as an endocrine organ and the effect of bariatric surgery on gut peptides.
- Describe evidence and considerations that impact the latest pharmacologic therapy options.
- Cite new and emerging technology products that assist patients in managing their diabetes.
- Describe how various dietary macronutrients and micronutrients impact metabolic control, the risk for diabetes related complications and general health.
- Recognize patient adherence barriers and identify resources available within the context of the Chronic Care Model that assist in the management of patients with diabetes.

*NOTE: ALL SESSIONS TO BE PROVIDED IN LECTURE FORMAT WITH AN OPPORTUNITY FOR QUESTION & ANSWER.*

## SUCCESSFUL COMPLETION STATEMENT

CERTIFICATES OF COMPLETION/ATTENDANCE ARE PROVIDED TO REGISTERED ATTENDEES BASED UPON COMPLETION OF THE ONLINE EVALUATION THAT WILL BE AVAILABLE AT <http://professional.diabetes.org/ADPU> THROUGH OCTOBER 31ST, 2010. AFTER THE EVALUATION, ATTENDEES WILL BE ABLE TO PRINT THE CERTIFICATE. FOR QUESTIONS, PLEASE CONTACT PROFESSIONALEDUCATION@DIABETES.ORG.

**Certified Diabetes Educators:** To satisfy the requirement for renewal of certification by continuing education for the National Certification Board of Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the NCBDE List of Approved Providers ([www.ncbde.org](http://www.ncbde.org).) NCBDE does not approve continuing education. The American Diabetes Association is on the NCBDE List of Approved Providers.

## ACCREDITATION STATEMENTS

**Physicians:** The American Diabetes Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The American Diabetes Association designates this education activity for a maximum of 6 AMA PRA Category 1 credit(s)<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Family Physicians:** An application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

**Doctors of Osteopathy:** Category 2 credit will be awarded for formal educational programs that are ACCME-accredited or AAFP-approved.

**Physician Assistants:** AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA PRA Category 1 CME credit for the organizations accredited by AACME. ADA is an accredited provider through the AACME.

**Nurse Practitioners:** An application for continuing education credit has been filed with the American Academy of Nurse Practitioners. Determination of credit is pending.

**Nurses:** The American Diabetes Association is approved as a provider of continuing education in nursing by the Virginia Nurses Association (VNA) which is accredited as an approver of continuing education in nursing by the American Nurses' Credentialing Center's Commission on Accreditation. The American Diabetes Association is located at 1701 North Beauregard Street, Alexandria, VA 22311. VNA Provider Number: 07-03-02. This educational activity is approved by the Virginia Nurses Association (VNA) which is accredited by the American Nurses Credentialing Center's Commission on Accreditation as an approver of Continuing Education in Nursing for a maximum of 6 VNA Contact Hours. The VNA is located at 7113 Three Chopt Road, Suite 204, Richmond, VA 23226.

**California Board of Registered Nursing:** The American Diabetes Association is also a provider approved by the California Board of Registered Nursing. Provider No. CEP-12196. This activity is approved for 6 contact hours.

CPE  
Accredited  
Provider

Commission  
on Dietetic  
Registration  
Member since 1998  
American Dietetic  
Association

**Dietitians:** The American Diabetes Association is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 6 continuing professional education units (CPEUs) for completion of this program/material.



**Pharmacists:** The American Diabetes Association is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. This activity provides 6 contact hours of continuing pharmacy education credit. The ACPE UAN is 0239-0000-10-138-L01-P. Each pharmacist should claim only those hours of credit that he/she spent in the education activity.

## PLANNING COMMITTEE MEMBERS

### **Andrew Ahmann, MD**

*Director*

Harold Schnitzer Diabetes Health Center  
Oregon Health & Science University  
Portland, OR

### **Prasanna Chandran, MD**

*Physician, Family Practice*

The Portland Clinic  
Beaverton, OR

### **Danna Hastings**

*Chronic Disease Manager*

Health Promotion & Chronic Disease  
Prevention Section  
Oregon Public Health Division  
Portland, OR

### **Pontus Jaderholm, Pharm.D. (Chair)**

*Pharmacist,*

*Drug Information & Formulary*  
Kaiser Permanente  
Portland, OR

### **Don Kain, MA, RD, LD, CDE**

*Outreach Coordinator*

*Certified Diabetes Educator*

Harold Schnitzer Diabetes Health Ctr  
Oregon Health & Science University  
Portland, OR

### **Josh Reagan, MD**

*Family Practice Physician*

Portland Family Practice Inc.  
Portland, OR

### **Liz Stephens, MD (Co-Chair)**

*Clinical Endocrinologist*

Providence PACE Clinic  
Portland, OR

### **Kristin Vandehey, BA, BSN, RN, CDE**

*Certified Diabetes Educator*

Kaiser Permanente  
Portland, OR

### **Jacqueline Villnave, MPH**

*Diabetes Program Coordinator*

Health Promotion & Chronic Disease  
Prevention Section  
Oregon Public Health Division  
Portland, OR

### **Fawn Wolf, MD**

*Clinical Endocrinologist*

Portland Diabetes & Endocrinology Ctr  
Portland, OR

## PRESENTERS

### **Andrew Ahmann, MD**

*Director*

Harold Schnitzer Diabetes Health Center  
Oregon Health & Science University (OHSU)  
Portland, OR

### **Cindy Brinn, MPH, RD, CDE, BC-ADM**

*Nutrition & Diabetes Program Coordinator*

St. Joseph Hospital Nutrition & Diabetes Clinic  
Bellingham, WA

### **David Cummings, MD**

*Deputy Director*

Diabetes Endocrinology Research Center  
*Professor of Medicine*  
University of Washington  
Seattle, WA

### **Natalie Wisniewski, PhD**

*Chief Scientific Officer*

*Diabetes Technology Consultant, Founder & Principal*  
Medical Device Consultancy  
San Francisco, CA

### **Panel Session Members:**

#### **Moderator: Michael Fulop, Psy.D.**

*Licensed Clinical Psychologist*  
Rewarding Health<sup>SM</sup>  
Portland, OR

#### **Panel Members:**

#### **Josh Reagan, MD**

*Family Practice Physician*  
Portland Family Practice Inc.  
Portland, OR

#### **Heather Clute, MA**

*Health & Wellness Counselor/Coordinator*  
Being Well Solutions  
Hood River, OR

#### **Cara Biddlecom, MPH**

*Living Well Coordinator*  
Health Promotion & Chronic Disease Prevention Section  
Oregon Public Health Division  
Portland, OR



# Annual Diabetes Practice Update

7:30am—8:00am	Registration / Exhibits
8:00am—8:15am	Welcome and Announcements
8:15am—9:15am	<b>2010 Clinical Practice Guidelines Update</b> Andrew Ahmann, MD
9:15am—10:15am	<b>Metabolic Surgery: Endocrine Mechanisms of Diabetes Remission Following “Bariatric” Surgery</b> David Cummings, MD
10:15am—10:45am	Networking Break and Exhibits
10:45am—11:00am	<b>Pharmacology Update</b> Andrew Ahmann, MD
11:00am—12:00pm	<b>Advances in Diabetes Technology</b> Natalie Wisniewski, PhD
12:00pm—12:45pm	Lunch Service Networking Break and Exhibits
12:45pm—1:45pm	<b>Nutrition &amp; Diabetes: Current Myths, Facts &amp; Controversies</b> Cindy Brinn, MPH, RD, CDE, BC-ADM
1:45pm—2:00pm	Networking Break and Exhibits
2:00pm—3:45pm	<b>Panel Session: Strategies for Demystifying Patient Adherence</b> <i>Moderator:</i> Michael Fulop, Psy.D. <i>Members:</i> Josh Reagan, MD Heather Clute, MA Cara Biddlecom, MPH
3:45pm—4:00pm	Closing Statements Instructions for Online Receipt of CE Certificates
4:00pm	Adjourn

## COMMERCIAL SUPPORT

This program is supported in part by an unrestricted educational grant from NovoNordisk, Inc.

**Purchase Professional Books & Patient Resources from the American Diabetes Association at discount prices! Purchase the latest publications onsite and avoid shipment fees. If you want to purchase a specific publication call ahead and we'll make sure it's available for you.**

**Look for the following 2010 publications and more at the Update:**  
**“Medical Management of Type 2 Diabetes” 6th Edition**  
**“Life with Diabetes” 4th Edition, a complete diabetes education curriculum**  
**“Meeting the American Diabetes Association Standards of Care” includes treatment algorithms**  
**“Count Your Carbs, Getting Started” 2nd Edition**



**CANCELLATION POLICY:** All cancellations and refund requests must be submitted in writing (either by e-mail, fax or mail) and received no later than 5:00pm Monday, October 4th. Cancellations and refund requests received by 5:00pm are entitled to a full refund. Cancellations and refund requests submitted October 5th & after will receive a refund subject to a meal charge and processing fee of \$35. All refunds will be processed within 30 days after the event.

## REGISTRATION FORM 2010 ANNUAL DIABETES PRACTICE UPDATE *(Please Print)*

**Name:** \_\_\_\_\_

**Phone:** Home: (\_\_\_\_) \_\_\_\_\_

**Professional Initial(s):**  MD  DO  PA  ANP  FNP  RN  CNS  LPN

Work: (\_\_\_\_) \_\_\_\_\_

PsyD  PhD  PharmD  RPh  RD  MSW  CDE  
 BC-ADM  Other: \_\_\_\_\_

**I consider myself primarily:**  Clinician  Educator  Scientist  Industry



**Check here if you require special assistance** to fully participate in the conference (please attach a written description of requirements.)

**Area of Practice/  
Specialty:**

- Diabetes/Endocrinology
- Epidemiology
- Family Practice
- Internal Medicine
- Managed Care

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**Email Required for Pre/Post Test:** \_\_\_\_\_ **Fax#:** \_\_\_\_\_

**Identify Lunch Choice:**  Grilled Chicken Breast  Smoked Turkey Wrap  Vegetarian Wrap

**PLEASE CHECK APPROPRIATE BOX(ES) • REDUCED FEE NOT AVAILABLE • FEE INCLUDES LUNCH**

**American Diabetes Association Member Fees**

**Membership #:** \_\_\_\_\_

**Expiration:** \_\_\_\_\_

- MD, DO, Psy, PhD, PharmD \$95
- Allied Health (NP's, RN's, RD's RPh's etc.) \$85
- Non-Health / Student \$75

**Non-Member Fees**

- MD, DO, Psy, PhD, PharmD \$105
- Allied Health (NP's, RN's, RD's RPh's etc.) \$95
- Non-Health / Student \$85

**Method of Payment:**  Check  Visa  MasterCard  AMEX  Discover **Total Charge: \$** \_\_\_\_\_

*Make Checks Payable to American Diabetes Association*

**Fax** Registration to: (503) 227-2090  
**or Mail:** American Diabetes Association  
 4380 SW Macadam Ave., Ste 210, Portland, OR 97239

**Account Number:** \_\_\_\_\_

**Card Holder's Name (please print):** \_\_\_\_\_

**Card Holder's Address:** \_\_\_\_\_

**Card Holder's Phone #:** \_\_\_\_\_

**Expiration Date:** Month \_\_\_\_\_ Year \_\_\_\_\_

**Authorized Signature** \_\_\_\_\_



**Location:**

**Oregon Convention Center**

777 NE Martin Luther King Jr Blvd  
Portland, OR 97220

(503) 235-7575 or (800) 791-2250

Parking rates vary up to \$10/day

**For more information visit website**

**[www.oregoncc.org](http://www.oregoncc.org)**

**Hotel Information:**

**For Group Rate of \$119 contact**

**Courtyard by Marriott Portland City Center**

**(503) 575-4037 by September 23, 2010**

Mention “American Diabetes Association October meeting” to receive group rate. For hotel website with online reservations and other options visit

<http://professional.diabetes.org/adpu>

**Directions:**

**From the North:** Take exit 302A Lloyd Center/Rose Quarter & Broadway/Weidler Street. Go right on Weidler and right on Martin Luther King Jr. Blvd.

**From the South:** Take exit 302A, Rose Quarter/City Center. Go across Broadway then turn left on Weidler. Turn right on Martin Luther King Jr. Blvd.

**From I-84:** Take exit 1, Lloyd Blvd. Stay on Lloyd Blvd until you reach the Convention Center.

**TriMet & Max Light Rail:**

Both stop regularly at the convention center. A Portland TriMet bus (line #6) stops on MLK Blvd directly across the street from the convention center. TriMet MAX Lightrail transit connects to Portland International Airport (PDX) and stops 162 times a day at the convention center’s own station. For schedule information call (503) 238-7433 or visit [www.oregoncc.org](http://www.oregoncc.org).

**NOTE: Out of consideration for all attendees, children are not allowed to attend this conference.**



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