



Recognition News

diabetes.org/erp

Spring 2016



Welcome



Happy spring! We are just returning from our brand new ERP Symposiums in San Francisco and Los Angeles! We had a delightful day discussing the standards, reimbursement and much more! If you are planning on attending the 76th Scientific-Sessions in New Orleans, Louisiana, please stop by to by the ERP booth.

This issue will include information on pre-diabetes, CEU tracker, new BINGO game from KRAMES, and a wealth of resources. Feel free to always email us (erp@diabetes.org) or call (1-888-232-0822) with any recognition questions. Regular updates can be found at www.diabetes.org/erp.

The American Diabetes Association, the American Medical Association and the Centers for Disease Control and Prevention have partnered with the Ad Council on a first-of-its-kind [national public service announcement \(PSA\) campaign](#) to raise awareness of prediabetes. While many are familiar with type 2 diabetes, fewer are aware of prediabetes, which affects 86 million Americans (more than 1 in 3 adults) and often leads to type 2. The campaign has a simple but strong message: No one is excused from prediabetes – and it can be reversed. At the campaign's website, people can take a [short online test](#) to

learn their risk for prediabetes, watch humorous videos and learn more about the risk factors—all in English or Spanish. The site also features lifestyle tips and information about the CDC's National Diabetes Prevention Programs across the country. As the campaign airs nationwide, it could prove to be good conversation starter for your patients. Thank you for your support in getting this critical information out into the community!

Diabetes Education

Diabetes involves many facets of care and can be overwhelming to clients. Using games to reinforce concepts and provide repetition of information can be valuable and enhance learning. Introducing Hypoglycemia BINGO can help your clients recognize and take action when someone is experiencing low blood glucose. Hypoglycemia BINGO includes leader instructions, print-on-demand cards for up to five players and Hypoglycemia BINGO call letters. Access the game today from www.diabetes.org/erp.

Just look for KRAMES On-Demand Patient Education Materials bar on the left-middle of the page.

You will find the game in Krames On-Demand Hypoglycemia folder and the handouts & worksheets section of ADA Recognized Staff Program Resources.

Recognition Tips

To make CEU tracking easier for program coordinators, please check out this new [Educator Credential and CEU Tracker!](#)

CEU Opportunity

Join the American Diabetes Association on Saturday, June 11 for Diabetes Is Primary. This one-day program will take place in conjunction with Scientific Sessions. Leading diabetes experts will present on:

- Changes to the Association's 2016 Standards of Care
- New medications
- Patient engagement
- The comprehensive exam
- Older adults

Break-out sessions will allow for smaller group discussions on:

- Foot care
- High-risk populations
- Insulin initiation and titration
- Diabetes on a budget

The program will offer up to 4.75 continuing education credits. The \$100 registration fee includes

admission, continuing education credits, course materials, and access to the Scientific Sessions Poster and Exhibit Halls from June 11-13. To register, visit professional.diabetes.org/primary.

Advocacy Resources



Checklists to Use During Patient Visits

can help identify diabetes discrimination issues and improve patient outcomes

People with diabetes are sometimes treated unfairly (diabetes discrimination) just because they have diabetes. This can happen at school, work or in other parts of daily life. Causes may include a lack of understanding of diabetes and diabetes care, irrational fears and prejudice against people who have chronic conditions. [These checklists can help you identify patients who may be affected – and point them in](#)

[the direction of help from the American Diabetes Association.](#)

[Click here to find additional information about diabetes discrimination.](#)

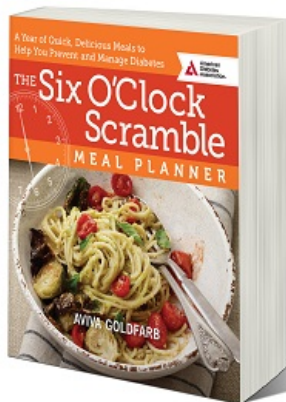
Excellent Resource to Help Children with Diabetes in School

The American Diabetes Association strongly advocates for the training of non-medical school personnel to provide diabetes care in school when a school nurse is not available to do so. To help train school staff, the Association, through its Safe at School campaign®, offers a free, 13-module online training curriculum called [Diabetes Care Tasks at School: What Key Personnel Need to Know](#). Each module includes a short Power Point presentation and a corresponding video segment. If you would like additional information about the Safe at School® campaign, visit diabetes.org/safeatschool or contact Crystal Jackson at cjackson@diabetes.org.

Books and Other Resources

Food is frequently at the forefront when it comes to managing with diabetes, but as you know, it's important that people understand that high-calorie beverages can also affect weight and blood glucose. Water is one of the healthiest and easiest choices you and your patients can make. But sometimes people get bored with plain water. Here's a free tip sheet with some easy, low- and no-calorie ways to make your water more exciting and more enjoyable -- including drinking sparkling water or adding fresh fruit and herbs. The tip sheet was made possible by the support of SodaStream USA, Inc., an American Diabetes Association National Sponsor. SodaStream helps you make water exciting.

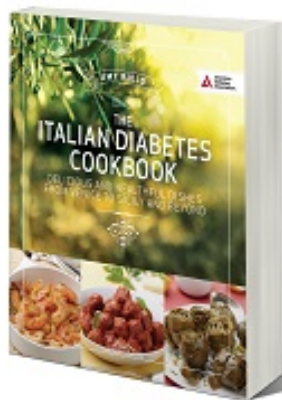
<http://www.diabetesforecast.org/collabs/10-healthy-drink-choices.html>



*The Six O'Clock Scramble
Meal Planner*
Aviva Goldfarb

Save precious time with a streamlined system for fast and easy diabetes-friendly family dinners! *The Six O'Clock Scramble Meal Planner* includes 160 delicious, diabetes-friendly recipes that require 30 minutes or less to prepare, 30+ weekly meal plans, an organized grocery list for each week, and much more!

Item # 6307-01
Original Price: \$22.95
ERP Member Price: \$13.77
<http://shopdiabetes.org/1901-The-Six-OClock-Scramble-Meal-Planner.aspx>



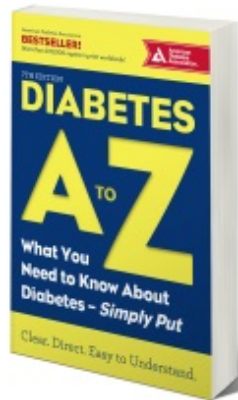
*The Italian Diabetes
Cookbook*
Amy Riolo

Italian dishes can be a healthful and incredibly tasty addition to any diabetes-friendly eating plan. This collection of more than 150 easy-to-prepare recipes combines nutritious ingredients—such as healthy fats, fresh produce, whole grains, and lean proteins—and traditional Italian cooking methods to bring out incredible flavor.

Item # 6306-01
Original Price: \$18.95
ERP Member Price: \$13.77
<http://shopdiabetes.org/1900->

[The-Italian-Diabetes-Cookbook.aspx](#)

*Diabetes A to Z, 7th Edition
(Spanish)*
American Diabetes
Association



Revised and updated, *Diabetes A to Z* covers everything a person living with diabetes needs to know in simple, direct, and easy-to-understand language. Whether the topic is eye disease, high blood pressure, or skin care, *Diabetes A to Z* is the home reference every person with diabetes should own.

Item # 4888-07
Original Price: \$16.95
ERP Member Price: \$10.17
<http://shopdiabetes.org/1907-Diabetes-A-to-Z-7th-Edition-Spanish-Diabetes-de-la-A-a-la-Z-7ma-Ed-.aspx>

Program Spotlight



In this issue we would like to shine the spotlight on Billings Clinic. Billings Clinic is Montana's largest health care organization and serves a vast region covering much of Montana and Northern Wyoming and consists of a main campus and several branch and regional clinics in Billings, Central and Eastern Montana and Northern Wyoming. Billings Clinic has supported an American Diabetes Association (ADA) recognized diabetes self-management education program for over 15 years in Billings and at four regional sites including Billings Clinic Miles City, Beartooth Billings Clinic in Red Lodge, Bozeman Ob/Gyn and Billings Clinic Cody in Wyoming. There are 12 diabetes educators among the sites; nine out of the 12 are Certified Diabetes Educators. [Read More](#)



*Billings Clinic
Miles City picture
- Kris Kilen RD
CDE*



*Billings Clinic Cody Picture. Pictured left to Right,
Liz Fabrizio, RD CDE and Dian True MS RN
CDE, not pictured is Tina Braet-Thomas RD CDE*



*Beartooth Billings Clinic picture,
Dani Kaiser RD*



*Adult Diabetes Educators Downtown
location, from left to right, Joni Jensen
RN CDE, Jan Hollingworth RN CDE,
Therese Hrcirik RD CDE, Lisa Ranes
RD CDE, Stephanie Welch RD,
Lindsey Sterchi RD CDE*



*Bozeman
Ob/Gyn
location, Katie
Sonneck RD*

Providing free patient education resources and materials to
American Diabetes Association recognized program educators:

KRAMES staywell

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American Diabetes Association | 1701 North Beauregard Street | Alexandria, VA 22311 | 1-800-DIABETES

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