

# Education for Life.




Education  
Recognition  
Program

Fall 2019

## Greetings from your ERP team!

It was wonderful to see many of you in Houston at AADE. This issue includes information about participant education materials, and other resources.

We are also excited to announce that ADA Recognized Programs can now purchase publications online at the 40% discount. Read on to find out about the new ordering process.

As always, feel free to contact the ERP team at [erp@diabetes.org](mailto:erp@diabetes.org) or call 1-888-232-0822  with any Recognition or platform questions. Resources and the most current program information can always be found at [www.diabetes.org/erp](http://www.diabetes.org/erp).

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## WIN ADA Career Development Program—Indianapolis, Indiana

Registration is now open for the Women's Interprofessional Network of the American Diabetes Association's (WIN ADA) first full-day career development event. This event will address pressing issues in women's career development and health. The event is intended for women working in the diabetes field, including scientists, clinicians (all specialties), registered dietitians, public health professionals, pharmacists, and nurse practitioners, among others. The program will provide attendees with the opportunity to hear from and network extensively with other women in the field of diabetes.

**When:** November 15, 2019

**Time:** 8:00 a.m. - 6:00 p.m.

**Where:** Marriott East 7202 East 21st Street, Indianapolis, IN 46219

[Learn more](#)

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## ERP Portal Request

The ERP team has noticed an increase in the number of returned certificate packets due to invalid or outdated address information. Please be sure that your **DSMES Quality Coordinator** section in the ERP Portal is current and accurate. All information sent via postal mail including certificate orders and certificate packets will be sent to this address.

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## Education Tools & Resources for Participants

The resources below have recently been added to the Education Tools & Resources section of the ERP homepage.

### ADA's 60-Second Type 2 Diabetes Risk Test

The **Diabetes Placemat in both English and Spanish** have been added to the **Participant Education Library**. You will also find free, reproducible handouts in a variety of languages within the Library. You will need to register for a **DiabetesPro account** if you don't have one already to access these free materials.

**Free Program for Your Participants**—Order free booklets for your program for newly diagnosed type 2 diabetes participants and encourage your patients to enroll in ADA's free, year-long program: Living With Type 2 Diabetes<sup>®</sup>. This can be a great DSMS option (for standard 8).

- **Krames On-Demand** - The American Diabetes Association and Krames Participant Education, a product of StayWell, provide free patient education resources you can use with your patients. Read the **Krames On-Demand Quick Start Guide** or **join the next Monthly Krames On-Demand Q/A Call & Webinar** to learn more about how you can use the system.
- **Krames On-Demand Login**
  - Account Name: ADA1
  - Username: Last 4 digits of service ID#
  - Password: Password

### Living with Diabetes: Ask the Experts Q&A Series

Encourage your patients to join a FREE, educational Ask the Experts Q&A session. This series helps tackle issues commonly faced by people living with diabetes to help convey the relationship between diabetes, heart disease, stroke, and heart failure. Learn more about the series and direct your patients to register for upcoming events and listen to recordings of past events at at [diabetes.org/experts4ERP](https://diabetes.org/experts4ERP).

**Recognized Education Programs can now order publications online and receive the ERP 40% discount!** Please follow the steps below if you have not already registered as an ERP at ShopDiabetes:

- Step 1: **Register** for Shop Diabetes
- Step 2: Choose Education Recognition Program member as your "Membership Type".
- Step 3: Provide your program ID# under the Membership Number section
- Step 4: Begin Shopping!

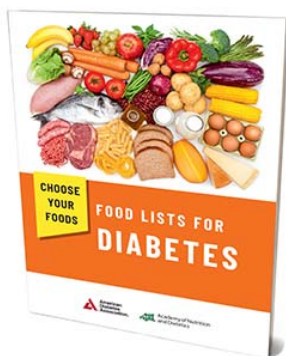
If you have already registered within the new ShopDiabetes site, please go to <https://shopdiabetes.org/account> to access your account. You may need to add ERP as your membership type if you did not originally.

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## ***Choose Your Foods: Diabetes meal planning based on choice!***

The *Choose Your Foods* series from the American Diabetes Association and the Academy of Nutrition and Dietetics is the most trusted meal planning tool for diabetes. Just updated, it is now better than ever!

These new editions include carbohydrate counts and choice values for a wider variety of foods, portion weights in ounces, and more. Lists are now grouped, allowing patients to understand the overall patterns of healthy eating by choosing foods from lists categorized by starches, protein, fat, fruit, milk, snacks, and desserts.

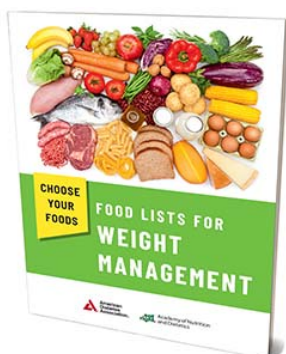


### **Choose Your Foods: Food Lists for Diabetes, 5th Edition (25/Pkg)**

American Diabetes Association and  
Academy of Nutrition and Dietetics

No more "exchanging"—Diabetes meal planning based on choice! Now readers can plan meals with these comprehensive food lists to help manage blood glucose levels.

**Item# 5601-14**



### **Choose Your Foods: Food Lists for Weight Management, 5th Edition (25/Pkg)**

American Diabetes Association and  
Academy of Nutrition and Dietetics

Choose the best foods for weight loss! Diabetes food lists for weight management can be used to help create the best diabetes care plan. Patients with diabetes can achieve weight-loss goals with food lists that make it easy to build healthy meals.

**Item# 5603-09**

**Visit our website [shopdiabetes.org](http://shopdiabetes.org) and get your ERP discount on the all new Choose Your Foods!** Be sure to indicate you're a recognized program as your "membership type" when registering and provide your program ID# under the Membership Number section.

**Register now**

## **Spotlight**

Indian Health Board of Minneapolis: Diabetes Self-Management Education and Support (DSMES) Program

The mission of the diabetes team at the Indian Health Board of Minneapolis (IHB) is to provide and ensure quality holistic diabetes self-management education and support to American Indians and others. The team consists of nurses and dietitians who work closely

with primary care providers at IHB to provide comprehensive care to every person living with diabetes.

We believe that education and support are fundamental components to empowering a person living with diabetes to better manage their health, avoid complications and achieve optimal wellness.

Our diabetes self-management education and support groups offer information that incorporate indigenous foods, traditional medicines and focuses on mental, physical, emotional and spiritual healing. The care model at IHB focuses on utilizing not only our internal resources, in addition, we collaborate with our community partners in order to provide holistic health services to improve our overall population's health. Some of the community partners include: community gardens, tribes, area Universities, health fitness centers and local grocery stores. We support each participant to rewrite their health destiny by setting one health goal at a time.



From back left:

- Brittenany Gillespie: SikSika First Nations; Health Programs Support Technician
- Lois Brown: Leech Lake Band of Ojibwe; Health Programs Supervisor
- Mitchell LaCombe, MD; Medical Director
- Sabina Johnson RD, LD, CDE; Diabetes Quality Coordinator

From front left:

- Lori Paquette, RN: Leech Lake Band of Ojibwe: Nurse Care Coordinator
- Indi Lawrence, RN: White Earth Ojibwe: Nurse Care Coordinator

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Providing free patient education resources and materials to American Diabetes Association recognized program educators:

**KRAMES**  
staywell

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There's nothing we can't do when we're Connected for Life.



[VIEW ONLINE](#) | [UPDATE YOUR PROFILE HERE](#)

American Diabetes Association | 2451 Crystal Drive, Suite 900 | Arlington, VA 22202 | 1-800-DIABETES  
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