

Education for Life.



Education
Recognition
Program

Greetings from the ERP Team,

Here at the American Diabetes Association® (ADA), we hope that you are doing well and staying safe during these uncertain times. This fall we are excited to announce a few publication updates as well as new education resources for your participants.

What's New

Healthy Interactions Virtual Diabetes Conversation Map® Program Is Now Available!



The COVID-19 pandemic has drastically changed the way many programs provide Diabetes Self-Management Education and Support (DSMES) services. Prior to the pandemic, telehealth was limited to rural areas but now that Medicare has expanded the telehealth coverage guidelines, many programs have begun providing DSMES virtually. In response to this shift and vocalized desire from providers currently using the in-person Conversation

Map tool as their curriculum, Healthy Interactions now has a virtual program! Access to the program is available for a small licensing fee.

What can you expect?

- An interactive tool with the same “look and feel” you are accustomed to with the physical Conversation Map visuals.
- Just like the in-person program, it puts the learner in the driver’s seat and allows for real-time interaction and group support.
- Topics are broken into flexible sessions that can be delivered one-at-a-time or grouped together.
- Easy to navigate software that allows you, the facilitator, to focus on engaging with your patients.

- Ability to launch using Zoom or another video platform you are currently using.
- It can be used as the primary curriculum for your ADA Education Recognition Program. The curriculum topics are the same as the in-person program and meet the National Standards of DSMES for a complete curriculum.

Healthy Interactions would love the opportunity to tell you more about the NEW Virtual Conversation Map® program for diabetes. They are committed to supporting you and your DSMES programs. Please contact support@healthyinteractions.com for more information on this wonderful new tool.



Ask the Experts: Preventing and coping with diabetes-related eye diseases

When: September 22 at 2:00 p.m. ET

Living with diabetes means an increased risk for eye disease for your patients. Encourage your patients to join us, and our Visionary Partners Regeneron Pharmaceuticals Inc. and VSP Vision Care, to learn what measures they can take to decrease their risk of developing eye disease, along with treatments and tools to help them cope with any loss of vision that may already be present.



Participants can ask their question—by phone or online—during the live Q&A.

Refer your patients to free registration at: diabetes.org/experts4ERP.

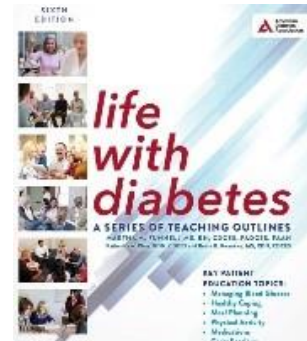
Register for Ask The Experts

Life with Diabetes, 6th Edition Now Available

Life with Diabetes is the complete curriculum you need to deliver high-quality diabetes self-management education and provide your patients with the support, information, and tools they need to live well with diabetes. This publication is available to you at 40% off with your ERP discount.

(Currently only available in hard copy. The electronic version is expected to be available in 2021.)

Item #: 5507-06
Retail Price: \$99.95
ERP Price: **\$59.97**



To order visit ShopDiabetes.org or call 1-800-232-6733.

[Start Shopping](#)

Ask the ERP Experts: Monthly Q/A Webinar Series

The monthly Q/A webinar schedule now provides you with the webinar dates for the current quarter. Each quarter the webinar schedules for the next quarter (3 months) will be posted.

Webinar Topics Include:

- New Quality Coordinators
- Application & Annual Status Reports
- Chronicle Diabetes
- DPP Express
- ADA & CMS Audit Preparation



[View the Fall webinar schedule](#)

Healthy Eating Never Tasted So Good!

From savory Latin to spicy Indian recipes to flavorful soul food, we have a series of cultural cuisine cookbooks at incredible savings. This collection of books can help patients meet their nutritional needs without sacrificing flavor.

For a limited time, purchase 10 or more of these cookbooks from our cultural cuisine collection and receive 70% off your purchase. Mix it up, you can purchase any combination of the 10 titles offered—your choice!

This offer is not available online, to order, please contact our sales department at BookSales@diabetes.org or call (703) 299-2046.



**Indian Cuisine
Diabetes Cookbook**

Item #6310-01
As low as: \$5.98

**Asian Flavors
Diabetes Cookbook**

Item #4684-01
As low as: \$5.98

**Chef Ronaldo's
Sabores de Cuba**

Item #6312-01
As low as: \$5.58

**The With or Without
Meat Cookbook**

Item #4694-01
As low as: \$5.68

**The Italian
Diabetes
Cookbook**

Item #6306-C
As low as: \$5

**Some exceptions apply. Membership, ERP and other discounts not applicable.*

ADA Opens Call to Serve on the 2021 National Committees

The American Diabetes Association, the nation's leading voluntary health organization in the fight against diabetes and its complications, has opened the call for nominations for its National Committees.

The National Committees aid in the accomplishment of the multifaceted work of the ADA through the dedication and leadership of its diverse core of volunteers. Committee members play an integral role in advancing our mission.

Nominations are being accepted now through October 16, 2020. The full list of National committees, along with the committee descriptions and the application form, can be found by visiting diabetes.org/committeeapplications.

If you know someone who has the expertise to help us move our mission forward, please encourage them to apply. The new 2021 National Committee members will be notified of their

appointments by January.

Please feel free to reach out to Tiffany Ingram, Chief of Staff, at tingram@diabetes.org if you have any questions.

Program Spotlight

Program Spotlight From the desk of Martha Trenkamp, RD, CDCES—Diabetes Education Quality Coordinator at Carle Physicians Group:

The Carle Physician Group ERP has provided DSMES to Champaign, Illinois and the surrounding areas for over 25 years. However, the way we offered DSMES changed drastically with the coronavirus lock down in March of 2020. In-person visits as well as classes ceased. Under the direction of leadership from our organization, we began to offer virtual and phone visits. Telehealth made it possible for people with diabetes to stay connected to their diabetes care team. Within a short period of time, the RNS, RDNs, and CDCES were trained and began to offer virtual and telephonic visits. We had the advantage that one staff member utilized frequent virtual visits with her patients with GDM and was a great resource for the group. Plus, staff members would search research articles and YouTube videos to find ideal ways to provide patient centered care as well as enhance the visual quality of the visit.

There were obstacles to overcome. We had technical difficulties with our first virtual platform and have since moved to an Epic based platform, Teladoc. Also, not all people have access to the internet or a smart phone and some struggled with the technology aspect of the virtual visit. The time involved in gathering and sending education materials to patients was an issue early on. This lessened as we began sending education materials through our patient portal. One of the diabetes nurse educators also mentioned limitations with virtual visits regarding foot exams and assessing wounds.

Our patients appreciate the ability to have virtual visits with the diabetes care team. The data from the meter, pump or sensors that can be shared helps with establishing changes in their care regarding medication adjustment or nutrition changes. Other positive comments from patients include the feeling of security of not having to leave their home environment during this time. Transportation and childcare are two issues that put limits on patient's attendance at their appointment and the virtual visit eliminates the problem. Another plus in the virtual visit is seeing the patient in their home environment. The patient will take you to their pantry to ask a question about a food they commonly use or show a cream they are using for their feet. Patients are an active participant in the session.

At present we are offering the patient an option of in-person or virtual visits. Also, our diabetes education service is investing in the virtual platform of our class curriculum, The Conversation Maps. We plan on offering the classes virtually as well as in-person by the beginning of the new year. Whether the patient connects with his/her diabetes care team virtually or in-person, the important point is for the patient with diabetes to have options so they can continue their journey in managing their diabetes.



Front row (L-R): Jackie Comerford (RD), Jean Land (RD, CDCES), Tricia Hogg (APRN, CDCES), MaryJean McCallister (RD, CDCES), Coral Zahnd (CMA), Judy Webber (RD)

Back row (L-R): Kris Goeckner (RN), Susan Brown (RD), Angela Larson (DNE), Martha Trenkamp (ERP Quality Coordinator, RD, CDCES), Kristina Adams-Smith (RD)

Not pictured: Ashley McCartney (RD), Timothy Wakeley (RN), Cathy Faulstich (RN)

If your patients or someone you know is struggling to pay for insulin, the ADA has resources to help—send them to [InsulinHelp.org](https://www.insulinhelp.org).

There's nothing we can't do when we're Connected for Life.



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