

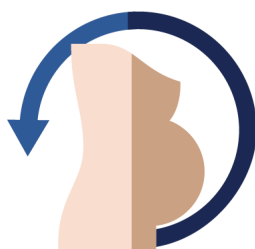
# Gestational Diabetes (GDM) Screening Guidelines

**GDM is diabetes diagnosed in the second or third trimester of pregnancy when a woman did not have diabetes before the pregnancy.**



Screen for GDM at **24-28 weeks** in women without diabetes prior to pregnancy\*.

\*Before 15 weeks gestation, test women with risk factors to rule out prediabetes and type 2 diabetes if not screened for diabetes prior to pregnancy.



Screen women with GDM **4-12 weeks** postpartum for prediabetes or type 2 diabetes.



Women with a history of GDM should have lifelong screening for prediabetes or type 2 diabetes **every 1-3 years.**