

# Education for Life.



Education  
Recognition  
Program

Greetings from the Education Recognition Program (ERP) team!

We are excited to publish our quarterly ERP Recognition News, and we're happy to say we have added an Advocacy Corner!

This summer edition provides you with a refresher on recent resources and updates made this year. You will also find the Ask the Experts participant education Q&A series schedule for July and the latest releases from our publications team.

We would like to thank each and every one of you for all that you do for people with diabetes.

## What's New

### Advocacy Corner

#### **Diabetes Advocacy: Become an American Diabetes Association® (ADA) Influencer. We need your voice!**

You are invited to join a new ADA Influencers group for high-impact advocacy opportunities.

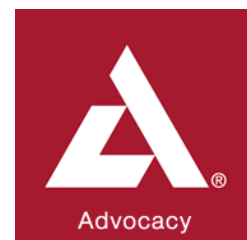
As diabetes care and education specialists, you have professional experience, powerful examples, and stories—our legislators need to hear from you!

Sign up at [diabetes.org/adainfluencers](https://diabetes.org/adainfluencers).

ADA Influencers are the first to be invited to speak with lawmakers, join virtual events, talk with the media about diabetes priorities, and more.

This group represents all parts of the diabetes community—people living with and at risk for diabetes, parents and other family members, health care providers, researchers, and more.

**[Register today!](#)**



## ADA @ ADCES21

If you will be attending the ADCES21 virtual conference this year, we encourage you to stop by the ADA booth. Although we won't be able to see in you in person, the ERP and publications staff will be available at the booth via chat during unopposed hours. At the booth, we will be highlighting the latest ADA publications and resources.

During the meeting, we will be holding an ADA publications giveaway where attendees can enter a chance to win one of the ADA's latest and most popular publications. Visit the ADA booth and submit your information for a chance to win! Winners will be notified via email after the meeting. We hope to see you there, virtually!

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## Assistant Coordinator Function Now Available

Quality Coordinators (QC) now have the option to assign multiple assistant coordinators (AC) within the ERP portal. An AC will have the same level access as the QC and will be able to facilitate all of the following functions:

- Begin/edit/submit applications and annual status reports and Diabetes Prevention Program (DPP) Express registrations
- Update site and organization demographics
- Add/edit/remove diabetes self-management and education support (DSMES) services staff members
- Manage staff member access to Chronicle Diabetes and DPP Express

**Note:** The AC can be a professional educator, paraprofessional, or administrative staff member. This role is designed only for access to the ERP portal.

Download the [Assistant Coordinator Management Guide](#) for instructions.

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## ERP University (ERPU)

At ERPU, you can choose from a selection of videos that cover each of the 10 national standards of DSMES services as well as videos on navigating the ERP portal and the ERP website. We are committed to helping you find ways to understand and interpret the standards to better serve your unique program or service. Each video is followed by editable samples and templates for that specific standard.

ERPU is a new, free benefit of recognition and is only available to QC and staff members of recognized services.

To access ERPU, please go to [diabetes.org/erpu](https://diabetes.org/erpu) and enter the password below.

ERPU Password: ERP1986 (case sensitive)

Please do not share the password with anyone outside of your recognized program or service.

**Please Note:** CEUs are not granted for any of the videos provided within ERPU.

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## ADA's Focus on Diabetes™

Included in ERPU, the ADA's Focus on Diabetes™ (FOD) initiative presents a series of three educational videos. The videos discuss the connection between diabetes and eye health.

The goal of the FOD initiative aims to reduce the risk of diabetes-related eye disease through increased awareness, screening, prevention, and early intervention. FOD also aims to reduce the severity diabetic retinopathy, diabetic macular edema, low vision, and blindness. Methods to achieve these goals include increasing consumer awareness and activation, providing support and education for people with diabetes, and professional education. To learn more about eye health and find upcoming events and materials to share with your patients, visit [diabetes.org/diabetes/eye-health](https://diabetes.org/diabetes/eye-health).



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## Living with Diabetes: Ask the Experts Q&A Series

Encourage your participants to join us for a FREE educational Ask the Experts Q&A series created to help tackle issues commonly faced by people living with diabetes and wondering about the relationship between diabetes, heart disease, and stroke. Participants can ask questions—online or on the phone—in a live Q&A with ADA diabetes experts. Share with anyone you know who may benefit from guidance to living well with type 2 diabetes..

### Upcoming Ask the Experts Events

*All events will be held at 2:00 p.m. ET unless otherwise noted.*

**Ask the Experts: Meal Prep During the Summer Months** | Tuesday, July 13

**Ask the Experts: Diabetes 101** | Tuesday, July 20

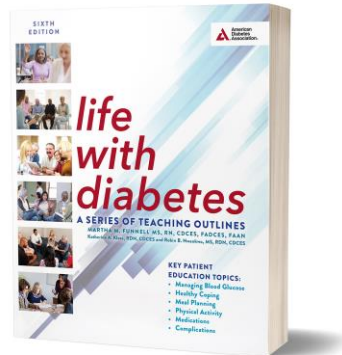
**Ask the Experts: Prevent Sight Loss What's in your toolbox?** | Tuesday, July 20

Your participants can learn more and register for any of these events at [diabetes.org/experts4ERP](https://diabetes.org/experts4ERP).

Participants can also listen to past events at [diabetes.org/experts4ERP](https://diabetes.org/experts4ERP).

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## ADA Publications



### ***Life with Diabetes***

By Martha M. Funnell, MS, RN, CDE, FAAN

*Life with Diabetes*, the best-selling and most reliable diabetes education curriculum in the U.S., has been updated and improved! This newly revised version is the complete curriculum you need to deliver high-quality diabetes self-management education and provide your patients with the support, information, and tools they need to live well with diabetes. Key patient education topics include:

- Managing blood glucose
- Healthy coping
- Meal planning
- Physical activity
- Medications
- Complications

This edition provides a structured, patient-centered approach to help diabetes professionals create customized, current lessons in all areas of diabetes management. This fully updated edition features removable, hole-punched pages to facilitate creation of individualized plans and outlines. The curriculum includes:

- Teaching outlines that cover the full range of diabetes topics
- Teaching visuals
- Patient handouts

- Participant assessment, education record and follow up forms
- Curriculum review guide
- Content updated to meet the national standards for diabetes
- Self-management education and support

Did you know you can receive your **40% ERP** discount at checkout at the Shop Diabetes store? Visit [shopdiabetes.org](http://shopdiabetes.org) or call **1-800-232-6733**, Monday–Friday between 8:00 a.m. and 5:00 p.m. ET to speak with a customer service representative.

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## **ERP Program Spotlight**

### **Dr. Wayne Woo with the Diabetes & Endocrine Institute located in Flowood, Mississippi**

Dr. Woo has been a practicing Endocrinologist over twenty years. In his early career, he was the Medical Director of a diabetes care center and was able to witness the importance of encouraging patients to make lifestyle changes to obtain better health. When he started his own practice, he became a Certified Diabetes Care and Educational Specialist and developed and taught self-management diabetes educational curricula at the Diabetes Endocrine Institute.

At the institute, patients with diabetes are assessed metabolically at each visit and required to attend the diabetic educational sessions. Behavioral goals and meal plans are individualized for each patient. Because Dr. Woo firmly believes that treatment of chronic disease requires lifestyle modifications, he became board certified in obesity medicine as well as lifestyle medicine. In 2017, Dr. Woo completed a training course in culinary cooking to teach and help his patients with meal planning. At each diabetic session, his wife Pat, who is a Culinary Chef, created healthy dinners for the patients and taught them how to cook—allowing the whole family to enjoy healthy meals together.

Unfortunately, due to COVID-19, evening group teaching sessions have been temporarily suspended. However, the institute continues to assess patients' self-management skills at each visit. Behavioral goals are individualized for each patient. The goal of the institute is to help the patients achieve hope, healing, and health as they become metabolically fit.



Wayne Woo, MD, MA, CDCES, FACE  
Medical Director of Diabetes & Endocrine Institute

If your patients or someone you know is struggling to pay for insulin, the ADA has resources to help—send them to [InsulinHelp.org](https://www.ada.org/insulinhelp).

There's nothing we can't do when we're Connected for Life.



[VIEW ONLINE](#) | [MANAGE YOUR COMMUNICATIONS](#) | [FORWARD TO A FRIEND](#)

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Please add [reply@diabetes.org](mailto:reply@diabetes.org) to your address book to ensure you receive all future emails.

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