

Education for Life.



Summer 2019

Welcome

Wishing everyone a happy summer! This issue includes many resources.

As always, feel free to contact the ERP team at erp@diabetes.org or call 1-888-232-0822 with any Recognition or platform questions. Regular updates can be found at www.diabetes.org/erp.

The ERP team would be delighted to see you at the American Association of Diabetes Educators (AADE) meeting in August in Houston, TX and the ERP reception held in your honor during the meeting. Please watch your inbox for the invite and RSVP immediately.

Education Recognition Program Diabetes Self-Management Education and Support (DSMES) Recognition Symposium—Arlington, Virginia

Join us for our next Symposium in our home office in Arlington, Virginia on Saturday, October 12, 2019.

This one-day DSMES Symposium will guide attendees through how to establish and maintain a DSMES service that adheres to the current 2017 National Standards for Diabetes Self-Management Education and Support. The program's goal is to increase patient access to quality, evidence-based, and sustainable DSMES services.

Continuing Education Opportunity: This symposium will offer up to 7.25 CE credits.

When: Saturday, October 12, 2019

Where: American Diabetes Association National Office, 2451 Crystal Drive, Suite 900, Arlington, VA 22202

Time: 8:15 a.m. to 5:00 p.m.

Registration/Check-In: 7:30 a.m. to 8:15 a.m.

Fee: \$150 registration fee

Register today.

DSMS Options

Need more options for your Standard 8 DSMS resource list for participants to choose from?

Diabetes Food Hub—Learn about healthy eating from experts and get diabetes friendly recipes.

Ask the Experts—a FREE, educational Q&A series created to help tackle issues people living with diabetes are commonly faced with while exploring the relationship between diabetes, heart attacks, strokes, and heart failure.

Risk Test

Your patients can find out their risk in 60 seconds diabetes.org/risktesterp.

Share the Risk Test with your patients to help them know their risk, the first step to preventing or delaying type 2 diabetes.

ADA's DSMES Interest Group

Collaborating and bouncing ideas with colleagues is always helpful. Did you know that now when you join ADA, you join an exclusive group of healthcare professionals who are passionate about education? As part of your membership you can join two of our interest groups. Two of the most popular groups for educators are the DSMES group and Nutrition and Metabolism group.

Join the American Diabetes Association.

Free Webinar

Save the Date: The Know Diabetes by Heart™ initiative presents the webinar Lifestyle Management.

Join us on Monday, July 29th 3 p.m. to 4 p.m. ET.

Learn More.

Connecting the Community to your programs


Oftentimes our local ADA offices receive requests from individuals and organizations in the community looking for resources to help them in their diabetes journey. We want to share your program and connect you to those needs, so we can amplify the exposure you receive. We have shared the program list and email contacts with the ADA local staff, so you may be contacted by our local field staff to connect our constituents with your team. Please know we will not distribute the lists beyond ADA staff. We're excited to connect you to our constituents looking for your expertise!

CDC's DSMES Toolkit

The Centers for Disease Control and Prevention (CDC) has been working to compile the most current and relevant information about DSMES services in one easy-to-use website—the new DSMES Toolkit: A Comprehensive Resource for Achieving Success in Diabetes Self-Management Education and Support.

Get the Toolkit.

Ask the Experts

Risk for heart attack, heart failure, stroke and kidney disease increases when living with diabetes. Your patients can learn how to prevent or delay the onset of diabetes complications and ask their question during our live Q&A, accessible by phone or online. Registration for the July 16 event at 2:00 p.m. ET is free at diabetes.org/experts4ERP. Patients can call in directly at the start of the program at 1-855-531-1065 .

Spotlight

From the desk of Joni Beck:

The Harold Hamm Diabetes Center—Children's Program, located at the University of Oklahoma Health Sciences Center in Oklahoma City provides comprehensive, interdisciplinary care, and education services for the children and their families throughout the entire region. The Center's DSMES services have been recognized by the ADA since 2002 and has a team of educators that consists of a nurse practitioner, a pharmacist, two dietitians, and five nurses. Extensive educator support is provided to physicians, patients, and their families through CDE assessments at provider appointments, group and one-on-one education, and 24/7 telephone access. A variety of group education sessions are held each month, a favorite being the "Introduction to Pumps and CGM". In addition, there is a young adult transition program which includes clinical care, education, psychology support, and research opportunities offered in collaboration with adult endocrinologists on campus. A distinct comprehensive type 2 clinic embraces new and innovative therapies, education, and psychological aspects of type 2 diabetes in kids.

Amongst the many services provided, a particularly exceptional experience includes the type 1 diabetes camps: Harold Hamm Diabetes Center Camp Blue Hawk. Each winter a "Teen Retreat" is held and each summer a residential camp for children and teens, ages 9-17, focuses on increasing campers' confidence, diabetes self-management skills, and facilitating friendships between campers. The educators participate throughout the year to assist in planning and providing a fun and safe camp experience for all participants.

The CDEs work together to maximize educational services and patient experiences. This includes weekly meetings to discuss unique patient cases and determine education logistics for the forthcoming week. A "mock audit" is completed each year by the educators to ensure consistency by all with the National Standards for DSMES. This process has been a great teaching tool for new team members, as well as a good update for experienced CDEs. The Center appreciates the ongoing collaborative efforts of the educators and is excited about future advances in diabetes care and education services.



For picture:

Back row, left to right: Amanda Patterson, BSN, RN, Joni Beck, PharmD, BC-ADM, CDE, Kelle Gaske, APRN, MS, CCNS-P, CDE, Rebecca Allen, MS, RD, LD, BC-ADM, CDE, Tammy McKeen, RN, Sarah Dawson, RN, BSN, CDE.
Front Row, left to right: Linda Weber, RN, BSBA, Natasha Chitsazan, MS, RD, LD, CDE, Brittany Farquhar, RN.

Providing free patient education resources and materials to American Diabetes Association recognized program educators:



There's nothing we can't do when we're Connected for Life.



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American Diabetes Association | 2451 Crystal Drive, Suite 900 | Arlington, VA 22202 | 1-800-DIABETES
Please add reply@diabetes.org to your address book to ensure you receive all future emails.
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